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Vol. 14, No. 31

From the Beaches to the River District downtown Fort Myers

AUGUST 7, 2015



Woodworks

Shell Point Summer Concert Series Offers Two Performances In August

Shell Point Retirement Community invites Southwest Florida audiences to enjoy two professional performances in August as part of Shell Point's Summer Concert Series. Both concerts will be held in The Village Church on The Island at 7:30 p.m. on their respective dates.

On Thursday, August 13, Southwest Florida Symphony will visit Shell Point's stage to present the works of two composers who found inspiration in the earth's life cycle in their respective parts of the world: Baroque-era Italian composer Antonio Vivaldi's *The Four Seasons*, and 20th century Argentine tango composer



Southwest Florida Symphony

Newsweek Features Kanzius Cancer Invention

by Jim George

In its July 21 issue, *Newsweek* magazine featured an extensive article on former Sanibel Island resident John Kanzius' cancer treatment technology, which is now in the early stages of human trials in Italy.

According to the article, "The first round of clinical trials for the new Kanzius machine design will involve exposing 15 to 20 pancreatic and liver cancer patients to radio waves in the Kanzius machine, primarily to prove the process will not harm them, and to study the impact on their cancer cells. Tests will also examine how effectively radio wave treatments work when used along with known chemo drugs. The



Dr. Steven Curley

file photo

Astor Piazzolla's *The Four Seasons of Buenos Aires*.

Tickets for this performance cost \$25 and may be purchased online at www.shellpoint.org/concerts or by calling 454-2067.

Woodworks, a musical group founded by professional percussionist Thomas Suta, will perform at Shell Point on Tuesday August 25. Woodworks incorporates a percussionist, four marimba instrumentalists and a talented vocalist into a well-rounded musical program. They will perform traditional Mexican music, Sousa marches, and a Joplin rag, as well as popular and classical favorites.

Individual tickets cost \$20 and may be purchased online at www.shellpoint.org/concerts or by calling 454-2067.*

Offshore Fishing Tournament Benefits Injured Service Members

More than 100 anglers are expected to cast a line for the 3rd annual Grouper Grapple Offshore Fishing Tournament benefiting injured service members on August 14 and 15 at the Fish Tale Marina, 7225 Estero Boulevard. One hundred percent of the contributions raised from the two-day event benefit Freedom Alliance, an organization supporting injured service members and their families. The tournament is open to the public.

"We are incredibly thankful to the organizers and sponsors of this year's Grouper Grapple Offshore Fishing Tournament," said President of Freedom Alliance Tom Kilgannon. "The generosity of everyone involved reminds our veterans that we are not only thankful for their service to our country, but also the sacrifices made by their families."

Coordinators and participants in last year's tournament raised \$5,000 in donations for Freedom Alliance and hosted eight veterans by covering their airfare, hotel accommodations, a night out to dinner, a fishing excursion and entry to both the Grouper Grapple tournament and the after-party dinner. These eight veteran "alumni," along with eight additional veterans, will be in attendance for the festivities.

In 2014, more than 500 people enjoyed the food, fun and live music while catching the 24 fishing teams' weigh-in action. Top crews received combined winnings of more than \$12,000, as well as an additional \$2,600 in Calcutta payouts. This year, tournament officials hope to exceed both the purse and amounts donated by encouraging businesses and anglers to get involved to show military heroes how much their service is appreciated. Several levels of sponsorship opportunities are available and registration can be viewed and completed online at www.groupergrapple.com or by contacting Brian Peachey at info@groupergrapple.com.

Celebrating its 25th anniversary in 2015, Freedom Alliance is a charitable organization which provides help and support to wounded troops and military families. Freedom Alliance has awarded more than \$9 million in college scholarships to the children of military heroes killed or disabled in military service and spent millions more helping injured veterans and military families with outdoor recreational therapy trips.*

treatment, of course, would need to be approved by the Food and Drug Administration before it could treat patients in the U.S." Tests are expected to begin in mid-year 2016.

Prior to his death in 2009, at age 64, Kanzius spent an enormous amount of time trying to get attention from the medical world and the public for his cancer treatment invention, an invention that could change the course of cancer treatment. He was successful at obtaining interviews for CNN, *60 Minutes* and *Reader's Digest* but for the most part, national news outlets paid little attention until recently, and so raising funds for his project became a full time job. He was amazingly successful through his foundation – The Kanzius Cancer Research Foundation – which raised \$15 million, much of it coming from Sanibel and Captiva. The technology has now captured the attention of the medical community.

The technology, which is based on non-invasive radio waves heating nanoparticles embedded in a tumor that kills the cancer cells without harming healthy cells, has been in development since 2003. Lead researcher, Dr. Steven Curley of the Dan L. Duncan Cancer Center at Baylor College of Medicine in Houston, Texas, has 20 researchers with expertise in nanomaterials, radio frequency, immune function and drug delivery functions working in his lab. Curley, a surgical oncologist and one of the foremost authorities in cancer research, has been involved in the project from its inception. He is careful not to refer to the treatment as a cure but rather as "another option in the war on cancer." Curley's plan is to use the data from the Italian trials for his submittal to the FDA in hopes of speeding up approval for use in this country.

AkesoGenX, the company that last year purchased the Kanzius technology and the

continued on page 5

Historic Downtown Fort Myers, Then And Now:

Showtime In The Patio



by Gerri Reaves, PhD

A century ago, the “moving picture” theater pictured here was, for a brief time, the only one in town. Shown in the historic photo is the Omar Theatre, circa late 1920s.

The theater had started life as the Court Photo Play Theatre, one of four names it would have over its approximate 50-year history.

It opened in 1913-1914 as a silent-movie theater in Tonneller Court, which is today’s Patio de Leon. The seating capacity was to be 450 to 500. Early ads promised “clear white light pictures.”

From its opening, it featured a mix of live and film entertainment: vaudeville-type acts, feature-length films, newsreels and local live productions.

The Court opened just before the town’s first movie theater, the Grand, closed. Originally called the Royal Palm, it had opened in the Langford Building in 1908.

The legacy of that first theater continued when the Arcade Theatre opened circa 1916. But in the interim, the Court was the only movie venue in town.

By the late 1920s, the “moving picture,” as it was called, was firmly established as mass entertainment. By then, there were several downtown theaters, as well as one in East Fort Myers and one in the black neighborhood on Cranford Avenue, for it was a time of racial segregation.

So what could a movie-goer expect to see at the Omar about the time the historic photo was taken?

In late May 1926, the new romantic drama *Exquisite Sinner* was playing, in which Myrna Loy starred in one of her earliest roles as the Living Statue.

In February 1927, drama-lovers could attend the Little Theater League’s production of *Her Indiscretion*, in which William G. “Bill” Colvin played a feature role as a retired sea captain, sporting a full beard he grew just for the part.



The theater, which had four names over a half-century, was demolished in the 1960s. The roof lines of the Lee County Courthouse, the courthouse annex, and the justice center are visible in the distance.

photo by Gerri Reaves



In the late 1920s, the Moorish-style Omar Theatre in Patio de Leon offered first-run motion pictures, newsreels and live productions. The barber pole (right) marks the location of the OK Barber Shop. Today, that space is part of a restaurant.

photo courtesy of Southwest Florida Museum of History

In his year’s residence in Fort Myers, Colvin had been very active with the league as a producer, director and actor, drawing on his experience in the motion-picture industry.

The Court Theatre did not gain the Moorish architectural features so noticeable in the historic photo until it was sold in 1924 and redeveloped the following year by George R. Sims.

He renamed it Patio de Leon and transformed it with the Mediterranean Revivalist style so popular in boom-time South Florida.

The theater’s new name, the Omar, reflected the patio’s exotic flourishes, such as ornately tiled arches, vividly colored medallions and retreating entrances.

In subsequent years, the movie house was renamed the Ritz. Finally, it became the Fort Myers Little Theatre and was home to the town’s live theater company of that name.

The stylish building was demolished in the 1960s and today the site is a parking lot.

On the spot where a fountain (left) stood almost a century ago, a refurbished one stands today.

Stroll through Patio de Leon and envision the movie theater that entertained Fort Myers a century ago.

Then visit the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the many movie theaters that sprang up in the early 20th century.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Continue your history adventure at the Southwest Florida Historical Society’s research center at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swfl-historicalsociety.org for more information.

Sources: The Archives of the Southwest Florida Historical Society, *The Fort Myers Press*, and *The Fort Myers Tropical News*.✽



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Fort Myers Art:

Tampa International Call To Artists



by Tom Hall

Tampa International Airport (TIA) is getting ready to issue a call to artists for a \$3.5 million public art expansion that it is undertaking in conjunction with its \$953 million

renovation of its airport facility. The airport is seeking a dozen new pieces, and a recently-convened Public Art Committee will consider a wide range of media, including freestanding sculpture, wall-mounted or ceiling-hung art, and functional elements.

TIA spokesperson Danny Valentine said the competition is wide open and characterized the airport's aesthetic emphasis as depicting the region's "abundant natural resources, rich cultural heritage and celebrating the region as the birthplace of commercial aviation." The new works will add to an existing art inventory that includes 30 different collections throughout the facility's public spaces. Unlike the airport's recent concessions redevelopment program



One of the oldest pieces at the Tampa airport is by George Hill Snow. It dates from 1939.

that emphasized participation from local operators, this public art call will not tilt in favor of Bay area artists.

"We certainly encourage local artists to participate," Valentine said. "This is a major call and we anticipate interest from nationally known and internationally known artists as well."

The airport already has a wide-ranging public art inventory valued at approximately \$11 million in the aggregate. The existing artworks are located throughout the airport's public spaces. With widely varying styles and mediums, many pieces highlight distinguishing features of the Tampa Bay region or the significance of aviation travel, like *Final Boarding Call*, an oil-on-linen painting by artist Christopher Still featuring an emotional

goodbye before flight. Set during the Golden Age of airline travel, the picture is full of era-appropriate details from the plane and its logo to the vintage luggage and boarding passes. The "LUV TPA" sticker on the pilot's flight bag is also an exact replica of the actual sticker given out in 1971 to celebrate the newly expanded and modernized Tampa International Airport. The oldest pieces date back to 1939, including seven large Works Progress Administration murals by St. Petersburg artist George Snow Hill that hang in Airside E.

Tampa International Airport officials began the process of updating the master plan for the airport's 3,300-acre campus in late 2011. The final plan, approved in 2013, outlines three phases of expansion

to accommodate 35 million passengers each year, more than double the current number of annual passengers. The first phase takes care of immediate needs to decongest the curbsides, roads and the main terminal. It includes a 2.6-million square-foot consolidated rental center near the entrance to the airport, a 1.4-mile automated people mover and an expansion of the main terminal. The \$953 million project is expected to create or save nearly 9,000 construction-related jobs.

The Authority's Public Art program was created in 1998 and was last activated in 2008 to commission artwork for the second phase of the Economy Parking Garage. The newly-appointed Public Art Committee consists of:

- Former board member Ken Anthony
- Dr. Seth D. Pevnick, chief curator and Richard E. Perry, curator of Greek and Roman Art at the Tampa Museum of Art
- Dr. Kent Lydecker, museum director at the Museum of Fine Arts, St. Petersburg
- Margaret Miller, professor and director at the University of South Florida
- Robin Nigh, public art manager with the City of Tampa
- Dan Myers, public art coordinator with Hillsborough County
- Joe Lopano, airport chief executive officer
- Chris Minner, airport vice president of marketing
- Jeff Siddle, airport assistant vice president of planning & development

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Gulf Coast Village Hosts Love That Dress! Collection Party

Nearly 200 people brought “something nice” to Gulf Coast Village on July 29 to support PACE Center For Girls, Lee County. The Continuing Care Retirement Community in Cape Coral hosted a Sugar and Spice, Bring Something Nice dress collection party to benefit PACE’s upcoming Love That Dress! event. The party featured a silent auction, live entertainment, 50/50 raffle, fondue and cocktails.

The event raised \$5,048 including \$1,200 from the Rotary Club of Cape Coral Goldcoast. In addition, 275 new or “gently loved” dresses were collected as well as numerous pairs of shoes and dozens of accessories. All of the donations were given to PACE Center For Girls, Lee County to be resold for nominal prices at this year’s Love That Dress! event on Wednesday, August 26 at Embassy Suites in Estero, located at 10450 Corkscrew Commons Drive.

For more information on the cause and main event, visit www.LoveThatDress.org.✧



Sara Garner with PACE Center For Girls, Lee County is presented with a check by Laura Slack for \$1,200 from Rotary Club of Cape Coral Goldcoast



Joe Permenter and Christina Jelley



Christina Jelley and Tammy Fraker



Sara Garner and Jennifer Nelson



Riley Howington and Ellie Schenk



Kathy Schwarzoff serves up something sweet to guests



Karen Brand and Kathy Schwarzoff

When Fair Is Foul And Foul Is Fair

A Free Educational Seminar
On Copyright Basics & The Use Of
Publicly Available Materials

The presenter, Rich Vermut, is an intellectual property attorney at Rogers Towers, P.A., a statewide law firm.

Monday August 24
10AM - 11AM

The Alliance For The Arts

10091 McGregor Boulevard

Just South Of Colonial BLVD., Fort Myers

Reservations and Information 425-1760

The seminar is sponsored by



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Lee County Commissioners Celebrate Jeanne Bochette Day

At the regular board meeting on Tuesday, August 4, the Lee County Board of Commissioners celebrated the contributions of one of the region's most accomplished pioneers in the arts, Jeanne Bochette. Bochette has trained generations of dancers, established one of the first women-owned businesses and helped provide arts opportunities to all social sectors throughout Lee County.

Bochette, who turns 86 this fall, opened Dance Bochette in 1951. Her husband, LD Bochette, had been seriously wounded during the Korean War, so Jeanne Bochette following her passion, took it upon herself to pursue a career in arts education. At that time, it was rare for any bank to provide business loans to women. She learned to survive by trading classes for goods and services. She earned a reputation for high-quality instruction and soon amassed a following, which holds true for over six decades.

From the start, Bochette ignored the barriers of class and race – a bold move during the days of segregation – and welcomed students of all backgrounds into her classes. At the risk of alienation, she began pushing for participation and success in all local music and theatrical productions. Her belief in the arts as a foundation for enhancing the quality of life for all citizens became her mission.

Bochette is a founding member of The Community Concert Series, a special set of performances designed to offer the community exposure to classical music and dance at a reasonable price. She has served on the board of the Southwest Florida Symphony, the Lee County Alliance for the Arts, and founded non-profit Gulfcoast Dance Inc., created to further dance-related opportunities to area students, regardless of whether or not they study with her. Her recognitions include: The Florida State Dance Association Nancy Smith Award; Rollins College for Lifetime Achievement; the Alliance for the Arts' Angel of the Arts Award (Teacher of the Year and Lifetime



Jeanne Bochette

Copyright Basics Seminar Offered At The Alliance

Creative works such as photographs, music, movies, books, computer games and computer programs can be protected under the law through the proper use of copyright. But what exactly does "proper use of copyright" mean?

A free educational seminar titled Copyright Basics and the Use of Publicly Available Materials: When Fair Is Foul

and Foul Is Fair will be held on Monday, August 24 from 10 to 11 a.m. at The Alliance for the Arts, located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.

The keynote speaker at the seminar is Rich Vermut, intellectual property attorney at Rogers Towers, PA, a state-wide law firm. Following his lecture, a question-and-answer session will be conducted.

For more information about the seminar or to make reservations, call 425-1760.

The seminar is sponsored by Rogers Towers, PA.✪

Achievement); a finalist for the State of Florida Women's Hall of Fame; and a PACE Center for Girls Grande Dame.

Dance Bochette marks its 65th season this year. The Bochette family and Dance Bochette faculty thanks the commissioners for their support and recognition.✪



John Kanzius

From page 1

Kanzius Cancer Invention

right to hold its patents, has also just received new financial backing from an individual investor.

Although Kanzius, who had no medical background, did not live to see his invention to completion, success-

ful human trials and subsequent FDA approval as a cancer treatment will forever inscribe his name in the annals of medicine.✪

Lake Kennedy Senior Center

Isle Of Capri Casino Bus Trip

Join the Kennedy Cruisers as they head to Pompano Beach for an excellent day of gaming fun at Isle of Capri Casino on Thursday, September 10. But trip participants should arrive by 7:15 a.m. prior to the departure at 7:30 a.m. The bus will leave the casino at 4 p.m. and return to Cape Coral by approximately 6:30 p.m.

Get ready to make your lucky selection with over 1,500 slot machines and 38 poker tables. The all-you-can-eat buffet features delicious crisp salads, freshly baked breads, tender chicken and beef entrees, stone-baked pizzas and savory side dishes.

Cost is \$35 per member and \$40 per non-member. Each member will receive a \$10 free play and a \$4 off buffet coupon. Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✪



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 8:00 AM - 11:30 AM

SATURDAY, AUGUST 1
Discover Downtown Fort Myers
 Historical walking tour, lunch and River Cruise.
 10:00 PM - 2:00 PM
 Depart from City Pier

SATURDAY, AUGUST 8
EcoCruise to Picnic Island
 Shelling and nature walks.
 8:00 AM - 11:30 AM

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LeeTran To Improve Route 60 With New Configuration And Schedule

LeeTran will revamp its Route 60 starting Thursday, August 6 to make more frequent trips while continuing to serve the same locations. Route 60 operates Monday through Saturday in the San Carlos Park/Estero area. It serves Florida Gulf Coast University, Miromar Outlets, Gulf Coast Town Center and the South County Library.

Instead of traveling the entire route in both directions, the bus will make a loop south on Three Oaks Parkway, east on Corkscrew Road and north on Ben Hill Griffin Parkway. It will enter FGCU by the north entrance, stop at the Student Union, and exit the same way. The first two morning trips will continue to be express service to FGCU.

The new routing improves frequency from 130 minutes to 85 minutes. The number of trips per weekday will increase from nine to 12. Saturday trips will increase from eight to 10. The revamped service is starting prior to the first day of FGCU's fall semester, August 19.

"What our riders want most is more frequent service," said Transit Director Steve Myers. "The new route cuts 45 minutes off the length of each trip without adding any expense. It also makes more connections with Route 240 which travels on U.S. 41."

LeeTran operates 22 fixed bus routes in Lee County with connecting service to Collier County. In its last fiscal year, it provided 3,939,812 passenger trips with 178,752 hours of service and traveled 2,803,150 miles in service. For more information and schedules, visit www.rideleetran.com or call 533-8726 (LEE-TRAN).✽

From page 3

Call To Artists

• Paul Ridgeway, airport director of maintenance.

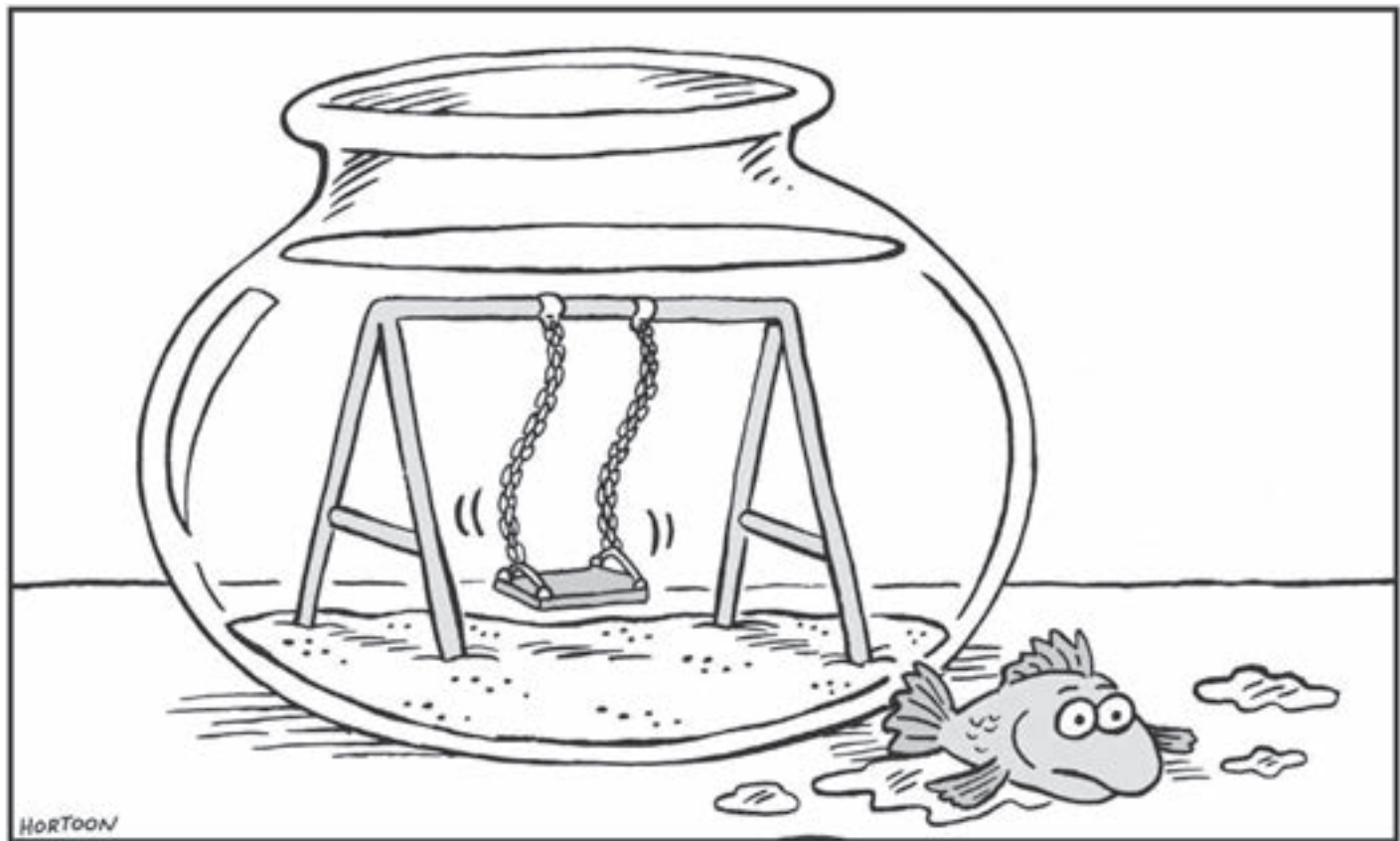
"Having vibrant public art throughout all our new spaces will tremendously enhance and enrich the experiences of our more than 17.5 million guests. It's an essential part of our historic expansion," said Chris Minner, who is spearheading the initiative. "The team we have put together comes from a diverse set of backgrounds and truly understands the

importance of public art."

The committee expects to issue a call to artists on August 17 via Café. The committee will vet the submitting artists and make recommendations to the Hillsborough County Aviation Authority Board of the commissions to be awarded.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✽

HORTOONS



Dolphins Vs. Bills Chamber Outing

The Greater Fort Myers Chamber of Commerce is offering tickets to the season opener of the Miami Dolphins vs. Buffalo Bills in Miami on Sunday, September 27. Limited tickets are available at \$100 each (price includes entrance to the game and transportation to and from the game).

All tickets are located in the Lower Bowl in section 126. The game starts at 4:25 p.m.

To reserve your seats, email Nicole@fortmyers.org. Reservations will be made on a first come, first served basis and will be taken in the order of which the registration form with credit card or payment is received. No phone calls will be accepted and reservations will only be taken via email.

A confirmation email will be sent to you by email once your form has been received and payment has been processed. All tickets purchased are non-refundable.✽

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Rotary Club Inducts New Officers And Board

Rotary Club of Fort Myers South recently inducted its new officers and board of directors in a ceremony at its annual officer installation dinner. John Doramus has stepped up to serve as president for 2015-16. The roster also includes Vice President Gerry Poppe, Secretary Steve Wassman, Treasurer John Kozak, Sergeant-At-Arms Christine Kobie, and Immediate Past President Rebecca Goff. The board members are Greg Blurton, Tracie Bagans, Allan Clair, Kerri Goldsmith, Connie Ramos-Williams and Rob Scharlau.

Past President Rebecca Goff presented a year in review of this active chapter of Rotary International, whose motto is "Service Above Self." Under her leadership, Rotary Club of Fort Myers South presented and participated in community service projects including Dictionary Day, Lee County Sheriff's Office Deputy of the Quarter, Roadside Cleanup, The Four-Way Test Award, Scholar-Athlete Awards, Rotary South All-Star Classic, American Cancer Society Cattle Baron's Ball "Cattle Cans" & Relay for Life, Giving Tree – Heights Foundation and Law and Order Ball.

Through the generosity of its members and fundraisers such as its Law and Order Ball, Rotary Club of Fort Myers South donated more than \$45,000 in funding to deserving causes including the Imaginarium Science Center, Community Cooperative, ECHO, Blessings in a Backpack, Meals of Hope, Southwest Florida Symphony, Multicultural Centre of SWFL's Big Backpack Event, American Cancer Society, Junior Achievement, Goodwill Industries, Rotary International's End Polio Now campaign and others. In addition, the club provided \$25,000 in scholarships as part of its Scholar Athlete Awards program and \$16,000 to Lee County law enforcement youth programs through its Law and Order Ball.



District 6960 Immediate Past Governor Pete Doragh welcomes new Rotary Club of Fort Myers South President John Doramus

President John Doramus said, "Every Rotary Club has its own culture and energy, and I'm proud that Rotary Club of Fort Myers South continually strives to live by the Service Above Self motto in bigger and better ways. With the strong leadership of our Rotary district and the commitment of our club's members, there's nothing we can't get done in the year ahead."

Rotary Club of Fort Myers South has more than 140 members who are among the 1.3 million Rotarians worldwide. Meetings are held each Monday at 12 p.m. at the Crowne Plaza, 13051 Bell Tower Drive. For more information, visit www.rotarysouth.org.

Kiwanians Raise Money To Save Women, Babies

The Fort Myers Metro-McGregor Kiwanis Club has pledged to donate \$26,250 to The Eliminate Project by December 2019. The club announced that it has raised \$13,257.44 for the effort thus far.

The Eliminate Project is a partnership between Kiwanis International and UNICEF to eliminate maternal and neonatal tetanus (MNT). MNT is a painful disease that kills one baby every nine minutes, or about 160 newborns each day, and a significant number of women. The donation from the Fort Myers Metro-McGregor Kiwanis will save 14,580 women and children from MNT. As of July 16, Kiwanians around the globe, in partnership with UNICEF, have raised \$87,844,621.05 in cash and pledges.

In honor of the club's donations

thus far, Kiwanis International has awarded the following members with the Walter Zeller Fellowship award: Kim Berghs, Heather Chouinard, Patrice Cunningham, Pam Grabe and Steve Hess. The Walter Zeller Fellowship award is named after the Kiwanian who made the first donation to start the Kiwanis International Foundation in 1940.

For more information about The Eliminate Project, visit www.TheEliminateProject.org.

The Metro-McGregor Kiwanis Club is looking for more service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 11:30 a.m. in Fort Myers. For details on joining the Metro-McGregor Kiwanis Club, contact club president Diane Connell at 443-9337 or deconnell0913@gmail.com. The Metro-McGregor Kiwanis Club can be found on Facebook or online at www.metro-mcgregor.com.

Pickup The Ball Gives Youth A Chance To Slam Dunk Their Future

Pickup the Ball, Inc., a Fort Myers-based nonprofit organization founded in 2012 by Ted Sottong, empowers young adults through the game of pickup basketball in the Dunbar and east Fort Myers areas. The mission of Pickup the Ball is to meet young adults at pickup basketball courts, connect them with mentors, teach them life skills and inspire them to own the transformation of their communities. Participants in the organization become "Teammates" and commit to improving themselves and their community, taking part in community service, helping out with fundraising events, building healthy and meaningful relationships, and holding themselves to a higher standard.

After co-founding his architecture firm and spending 24 years in the architecture industry, Sottong felt called to leave his profession and address issues within the community that are often overlooked.

"We're not just coming in and fixing the problem or filling a void. Our goal is to guide young people to pick up the ball and fill the void themselves," said Sottong. "When that passion to transform and improve oneself comes from within, it's more effective in making a difference that lasts."

Having already built many relationships through the initiative thus far, Pickup the Ball has rolled out additional programs to provide tools for these young adults to become successful.

TEAMwork is a program that trains, employs, assists, and mentors young men and women in becoming employed and achieving long-term success in their positions through encouragement and guidance.

Teammates also have an opportunity to apply and participate in the Tony J. Bridley Leadership Course, a year-round intensive course that focuses on life skills, social issues and assisting young adults in setting a higher standards for themselves and their communities. Topics include finances, personal skills, higher education, interpersonal relationships, and community/police relations.

Other programs include Sixth Man In and Higher Goals. Sixth Man In is a mentoring program for those who want to be more involved. Higher Goals educates coaches, families and players about how to continue education through athletics after high school.

To find out more or donate to the cause, visit PickuptheBall.org or call 437-7020.

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Along The River



On Friday, Art Walk returns to downtown Fort Myers’ historic River District
photo by Jamie Kuser

On Friday, August 7 from 6 to 10 p.m., **Art Walk** returns to downtown Fort Myers’ historic River District. Held on the first Friday of each month, more than 10 art galleries invite locals and visitors to a self-guided walking tour throughout the River District core and the Gardner’s Park area. Art enthusiasts can meet the artists at most of the art galleries and enjoy the live art demonstrations throughout the unique brick-lined streets of Fort Myers’ historic downtown. For more information about Art Walk, call 337-5050 or go to www.fortmyersartwalk.com. On Saturday, August 8, **Alliance for the Arts** presents **Backyard Beekeeping** with Claudia Silveira as part of its free Organic Urban Farming Workshops series, which are held on the second Saturday of every month. The program begins at 10:30



Claudia Silveira, a professional beekeeper, teaches a free class on Backyard Beekeeping on Saturday at 10:30 a.m. during the Alliance for the Art’s GreenMarket a.m.

Beekeeping is a low-intensity form of urban farming that can be practiced successfully year-round in Southwest Florida. Bees are effective pollinators that increase the yield of any garden or fruit tree. And, of course, they provide a crop of fresh honey, and beeswax that can be used in candle-making. This activity makes for a great addition to both food and flower gardens, and beekeeping can be incorporated by mastering a few simple techniques. Honeybees are generally non-aggressive and non-intrusive, and the risk is very low that beekeeping could lead to any problems if simple precautions are taken. Most hobby beekeepers only need to get into their hives a few times a year, and the basic equipment required is affordable. Originally from Brazil, Silveira has lived in Fort Myers for many years working as a professional beekeeper. She will introduce the basic facts of small-scale beekeeping and then answer questions. This workshop is free, but small donations are welcome and appreciated, as they help the Alliance bring sustainability programs to the community. Participants are encouraged to bring a notepad and plenty of fluids to stay hydrated in the summer heat. The workshop will take place on the GreenMarket stage, in the shade of the trees at the Alliance campus, and will begin after the free yoga session that begins at 9:30 a.m.

Alliance for the Arts is located at 10091 McGregor Boulevard, Fort Myers near Colonial Boulevard. Call 939-2787 or go to www.artinlee.org. **TGIM Film Mondays** has kicked off again at the Sidney & Berne Davis Art Center. On Monday, August 9, the **Fort Myers Film Festival** screening takes place at the Sidney & Berne Davis Art Center in downtown Fort Myers, located at 2301 First Street, Fort Myers. Doors open for happy hour at 6:30 p.m. with pizza from Capone’s and coffee from Bennett’s. The film will be presented at 7 p.m. The popular TGIM film screening series will be held the first Monday of each month in downtown Fort Myers starting again September 7. TGIM features short indie films being considered for the 6th annual Fort Myers Film Festival. Those in attendance will have a say in the Fort Myers Film Festival’s April 7 to 10, 2016 programming. An “afterbuzz” will be held following the film presentation at the nearby Twisted Vine Bistro, 2214 Bay Street, where late night happy hour prices on drinks and appetizers are offered to TGIM audience members. A special podcast of attending filmmakers will be taped.

TGIM tickets are \$10 for adults and \$8 for seniors and students. Half-price tickets are available through the summer months for Facebook members. To learn more, visit the TGIM Indie Movies Downtown Facebook page or www.fortmyersfilmfestival.com.

On Thursday, August 13, Shell Point presents **Summer Concert Series: Bonus Concert**.

The changing seasons have inspired musical interpretations by many composers around the world and throughout the ages. This summer, Southwest Florida Symphony presents the works of two composers who found inspiration in the earth’s life cycle in their respective parts of the world: Baroque-era Italian composer Antonio Vivaldi’s *The Four Seasons*, and 20th century Argentine tango composer Astor Piazzolla’s *The Four Seasons of Buenos Aires*. It begins at 7:30 p.m.

The concert will be held at The Village Church on the Island at Shell Point Retirement Community, 15101 Shell Point Boulevard, Fort Myers near the Sanibel Causeway.

This event is part of the Shell Point Concert Series and is open to the public. Tickets for the bonus concert cost \$25 and may be purchased online at www.shell-point.org/concerts or by calling 454-2067.✧

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DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich, and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.

ISLAND COW



Dine al fresco or in air-conditioned comfort at The Island Cow on Sanibel

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try The Island Cow on Sanibel.

The Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of

Sanibel's only al fresco eating porches. 2163 Periwinkle Way, Sanibel. Call 472-0606.

NERVOUS NELLIE'S

Nervous Nellie's is a casual, family-fun restaurant that boasts a large selection of appetizers, fresh seafood, over-stuffed sandwiches and entrées. Dine in air-

conditioned comfort or outside on Nellie's expansive waterfront patio. Happy hour is all day. Grab a bite to eat or drink and swing to the beats of live reggae, rock and island music from the area's premier musical talent.

Just upstairs from Nellie's is Ugly's Waterside Bar, the place where everyone gets prettier, and happy hour is all day, every day.

Parking for your car or boat is free for patrons. The GPS coordinates are 26°27'23.41" N • 81°57'15.18" W.

1131 First Street, Fort Myers Beach at the Fort Myers Historic Seaport at Nervous Nellie's Marina. Call 463-8077.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

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ALL FAITHS UNITARIAN CONGREGATION (UUA)

Where diversity is treasured, 2756 McGregor Blvd, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop at 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. 9 a.m. Contemporary Worship. 10:10 a.m. Sunday School. 11:15 a.m. Traditional Service. 5:30 p.m. Youth Group. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. Sunday Morning Service and Sunday School, 10:30 a.m.; Wednesday Evening Testimony Meeting, 5:30 p.m. Child care provided at all services. Visit our Reading Room for quiet study at: 2281 First Street, River District. www.time4thinkers.com, www.christiansciencefortmyers.com. www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

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12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

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CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Mon.-Thurs. 6:45 a.m.; Fri. 6:45 & 11 a.m.; Sat. 4 p.m.; Sun 6:45, 9:30 & 11 a.m., 12:15, 4 Creole & 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com. Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholas-monastery.org.

ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org✠

Community Thrift Store Donates Clothing To Haitians In Need



Community Thrift clothing distribution in the rural region of Saint-Marc

The Community Thrift Store, owned and operated by Shell Point Retirement Community, recently donated surplus clothing worth \$1,500 to more than 150 disadvantaged individuals living in rural areas of Haiti. Shell Point laundry supervisor Joseph Julmeus personally delivered the supplies during a trip earlier this summer.

After a particularly plentiful summer of donations, The Community Thrift Store found itself with a surplus of gently-used clothing. "The thrift store occasionally shares extra goods with other non-profit charities, in an effort to ensure that those in need can benefit from our collected donations," said Dianne Morton, resources and transportation manager at Shell Point.

Around this time, Morton was approached by Julmeus. "Joseph shared that he had an upcoming missions trip to Haiti and we immediately recognized it as the perfect opportunity to put excess resources to good use."



Joseph Julmeus poses with Haitian children wearing donated clothing

Julmeus transported the donated goods to Haiti and worked with a local missions organization, Missionary Enterprise, to distribute the items to those in greatest need throughout the country. More than 150 Haitians benefited from the supplies, including those who remain displaced from their homes by natural disasters.

"The need in Haiti is great and it was my honor to present clothing from The Community Thrift Store to many thankful people," said Julmeus. "Their gratitude was overwhelming. I hope it inspires others to give."

Since opening in 2011, The Community Thrift Store has donated a portion of its profits to nonprofit organizations, especially those that support seniors in the greater Southwest Florida community. The store is located in Miner's Shopping Center on the corner of McGregor Boulevard and Gladiolus in the Iona area of South Fort Myers. Learn about upcoming "steals and deals," by visiting the store's Facebook page at www.facebook.com/thriftstoshellpoint, or call 225-6529 for more information.*



Bingo at Friendship Center's Living Room and Leslea Ellis, LLC employee Peter Savino.

Local Firm's Employees Hold Ice Cream Social For Elders

Employees of the accounting firm Leslea Ellis, LLC gave back to seniors in our community during a United Way Day of Caring by putting on an old fashioned ice cream social and bingo game. The event took place at the Friendship Center's Living Room. The Friendship Center is a United Way Partner Agency.

The afternoon ice cream social had a patriotic theme, and all of the elders received a goodie bag to take home. The Living Room at the Friendship Center is an adult day service for frail or memory impaired persons, providing an enjoyable and safe environment along with companionship and activities.

"Senior Friendship Centers is grateful when agencies like Leslea Ellis, LLC. give

of their time and talents to brighten the lives of our Adult Day Services clients at The Living Room," said Margaret Baugher, RSVP Director at The Friendship Centers. "The clients enjoyed the ice cream, extra attention and the special bingo game and gifts."

"My staff and I agree that participating in United Way Day of Caring service projects are our way of showing others that we care about our community and our citizens," added Leslea Ellis, CPA and CEO of the company. "While these community service agencies certainly need funding, often, the unmet need is one's time. We decided to do our first community service project at the end of last year with the intention of participating in 3 or 4 each year. We look forward to returning to The Living Room again in the near future for more fun and games, and ice cream, of course!"

The United Way's Day of Caring is a year-round program, coordinated by the United Way Volunteer Center which matches businesses' desire to help with the needs of the community. Many local groups and companies have participated such as Chico's FAS, Inc., Publix Supermarkets, Gartner, Lee Memorial Hospital System and Lee County Clerk of Courts Office.

The United Way Volunteer Center connects individuals and companies to volunteer opportunities throughout our community. You can reach the United Way Volunteer Center by calling 433-2000 ext. 260 or by visiting www.unitedwaylee.org.*

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Rains Heat Up Fishing



by Capt. Matt Mitchell

Prevailing southwest winds brought more moisture streaming in from the gulf again this week. This is certainly not an unusual summertime weather pattern,

although it just never seems to stick around quite this long. This unsettled wet weather has cooled off our water temperatures and finally given the sound that typical summer tannin color which the redfish seem to like so much.

After a few months of what has been pretty slow, redfish action for most anglers – redfish of all sizes – just suddenly appeared in all the usual places. The combination of big high tides, southwest winds and dirty water made

for a daytime redfish set-up. Areas in the southern sound produced redfish as big as 34 inches for my clients this week. Cut baits and live tail hooked pinfish fished tight up under the mangroves all got it done. Other anglers fishing in the middle to northern sound also reported much of the same flip of the switch and sudden turn on of the redfish bite.

Daytime shark fishing also went off this week. During a morning half-day trip late week, we went to a favorite natural channel I target sharks in up by Pineland. We spent the whole four-hour trip there, with a hook-up basically every 15 to 20 minutes. Most of the sharks were large lemons in the five- to seven-foot range. This is easy fishing action and just requires a large fresh cut bait and medium heavy spinning gear. Many anglers have never done battle with a 100-pound plus fish that you have to chase down with the boat. Sharks just make everyone happy.

Targeting trout out on the open flats this week was also really good action. Popping corks and live shiners made for non-stop bent rods while fishing in the middle sound. Areas from Demere Key to Captiva Rocks in three- to five-foot



A 34-inch redfish caught and released while fishing with Capt. Matt Mitchell this week

depths were the most productive for me this week. Sure, there are lots of under-sized trout in this mix but with one out of every five trout being a keeper, it did not take long to get a limit.

Keep your eyes open for the little blacktip sharks that will swim right up to the boat while you're catching these trout, flip 'em a bait and watch it eat. Mangrove snapper fishing was fast paced too, with these fish still all over. Even while fishing on the open flats, don't be surprised to start catching keeper-sized "mangs." Live shiners are also the bait of choice for these fish.

All this rain has really been a good thing to really kick up our fishing. Just a drop of a few degrees in water tempera-

ture seems to have made all the difference.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com. ✱

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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Dave Doane

CROW Case Of The Week:

Nursery News



by Patricia Molloy

Baby care is a substantial portion of the rehabilitation work performed at CROW. Each year, the wildlife clinic treats hundreds of orphaned, abandoned and injured baby bun-

nies, squirrels, opossums and raccoons, in addition to ducklings, songbirds, fuzzy owlets, raptors and the occasional tiny turtle. The team of staff members, students and volunteers works around the clock to administer species-specific diets and critical medications while providing environments in which the youngsters will thrive.

The raccoon room contains a number of little bandits that chatter day and night. They are generally orphaned; incidents of rabies and distemper are low in baby raccoons. They are also tube fed and/or bottle fed a milk supplement until they transition to solid meals similar to those fed to the opossums.

The avian nursery, which is perpetual-ly at capacity, currently houses dozens of tiny patients, most of which arrived with light, downy feathers. Lined with incubators, the shelves of the room also contain tall stacks of clean towels and old news-

papers. Volunteers, staff and students move quickly and efficiently from one hungry bird to the next, meticulously recording individual body weights and dietary requirements. Each cage and carrier must be disinfected daily to minimize the possibilities of spreading germs. As soon as each patient has been fed, the team begins the well-choreographed routine once again.

Baby eastern gray squirrels are often kept in the baby bird room due to space and convenience. Three to four times per day, the tiny squirrels are tube fed Fox Valley formula, a milk replacer specifically designed for baby squirrels, eastern cottontails and opossums. Once the healthy squirrels are weaned and can eat soaked monkey biscuits, vegetables and fruit, they will be transferred outside. Many wild critters are mature enough to survive on their own at three months of age.

It takes weeks or months for the babies to mature enough to survive in the wild. With the hospital admitting more and more young patients each day, please help CROW in its mission to save local wildlife by donating items from the clinic's wish list: paper towels,



This young squirrel is just learning to eat on his own and loves soaked monkey biscuits

Purina ONE Kitten Chow, Purina Puppy Chow (no colored chunks), wild bird seed, bleach, fragrance-free laundry detergent, new or gently used bath and hand towels, red heat lamps (250W), garbage bags (42 gallons) and ceramic crocks of all sizes (ramekins, etc.).

CROW (Clinic for the Rehabilitation

of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.*

Rookery Bay Environmental Learning Center Unveils New Aquarium Life

The Rookery Bay National Estuarine Research Reserve has added fascinating new marine species to the Environmental Learning Center's (ELC) focus tank aquariums, which enable better viewing of smaller fish.

One of the new additions is the Southern stargazer, often called the "Monster of the Sea." With eyes on top of its head, the fish is usually found buried in the sand near Southern estuaries and beaches. The stargazer can grow up to 22 inches long and eats prey that swims above its buried head. It also produces a 50-volt electrical charge as a self-defense mechanism when touched.

Another unusual resident of the focus tanks is the Barbfish, or scorpion fish, which uses camouflage to hunt unsuspecting prey, vacuuming up crabs, shrimp and bony fish. The Barbfish can also use venom-injecting glands on its dorsal fin to capture prey.

The ELC also offers a 2,300-gallon mangrove habitat aquarium that showcases species such as spadefish, striped burrfish and lane snapper and also features a crawl space for kids who want an even closer look at the tank's residents.

"Children have a blast exploring the aquariums and learning about the many different species of marine critters that live within Southwest Florida waters," said Jeannine Windsor, Rookery Bay educational specialist. "For many children, the highlight of their visit is the touch tank, where they handle marine species such as starfish, conchs and horseshoe crabs under the supervision and guidance of Rookery Bay staff and trained volunteers."

For touch tank dates and times, call the ELC at 530-5940. For more information, visit www.rookerybay.org. *



Southern stargazer awaiting its prey



Edison Explorer

Pure Florida Presents Bark On The Ark August 15

Pure Florida's Fort Myers location is presenting Bark On The Ark on Saturday, August 15 from 8:30 to 11:30 a.m. Guests will have the opportunity to bring their dogs aboard the *M/V Edison Explorer* for a sight-seeing river cruise to Picnic Island, an island located between Sanibel and Pine Island that exhibits the natural beauty of Southwest Florida.

Passengers can enjoy a peaceful cruise along the Caloosahatchee River followed by a playful time on the island, socializing with man's best friend. During the excur-

sion, dogs and owners can run, swim and play catch while enjoying the sunshine, water, sand and fresh air.

Water, frisbees and dog treats are included for the canines. Human treats – such as soda, wine and beer – will also be available for purchase. The *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers.

Registration for the tour is \$39 per human. Reservations are required as room is limited to 25 passengers and their pets. All dogs that can follow basic commands are welcome.

For more information or to book your ticket, call 919-2965, email info@PureFortMyers.com or visit www.PureFortMyers.com.*

Plant Smart

Beach Naupaka

by Gerri Reaves

Beach naupaka (*Scaevola taccada*) has the dubious distinction of being listed as a category-1 invasive species by the Florida Exotic Pest Plant Council (FLEPPC) and as a noxious weed by the state of Florida.

This native of the Indian and Pacific Ocean region is said to have been introduced to Florida in the mid-1970s from Hawaii.

Years later, “documented ecological damage” shows that it has altered native plant communities by “displacing native species, changing community structures or ecological functions, or hybridizing with natives,” as the FLEPPC defines a category-1 species.



Invasive beach naupaka threatens native species such as inkberry and sea lavender

photos by Gerri Reaves



The similarity of beach naupaka's “half-flowers” to those of inkberry can cause misidentification

Specifically, beach naupaka threatens the native inkberry (*Scaevola plumieri*), which is now listed as threatened in the state, as well as sea lavender (*Argusia gnaphalodes*), listed as endangered in the state.

Inkberry is particularly valuable in stabilizing sand dunes and providing bird habitat. Unfortunately, the larger and faster-growing invasive plant easily displaces it. Exacerbating the problem is the difficulty of telling the two species apart. Thus, the invader is often mistakenly sold as the native.

Among the similarities are the tubular flowers.

The five lobes create a fan shape with the petals partially fused at the base. This inspires another of beach naupaka's common names, Hawaiian half-flower.



The invader's white fruit distinguishes it from inkberry, which produces dark fruit

However, there are several distinguishing characteristics, mainly beach naupaka's white fruit versus inkberry's purple-black berries.

Another difference is overall size. The invasive species is larger, bushier and can reach 16 feet in height, while the native usually reaches only four or five feet high.

Also, beach naupaka's leaves are longer – up to eight inches long and bunching at the branch tips – whereas inkberry's spatulate leaves are two to four inches long.

If you're shopping for inkberry, purchase it from a reputable native nursery to be sure you don't end up taking an invader home by mistake.

Sources: floridata.com, and ifas.ufl.edu.

*Plant Smart explores the diverse flora of South Florida.**

Fisherman's Paradise:

Truculent Tripletails



by Cynthia A. Williams

Berry C. Williams (1915 to 1976) was something of a legend as a fisherman in the waters off Fort Myers in the 1950s and early 1960s. Reproduced for you here are

chapters from his unfinished *Fisherman's Paradise*, an account of his fishing adventures that are often hilarious and always instructional. It is presented by Williams' daughter, Cynthia Williams, a freelance writer and editor living in Bokeelia on Pine Island.

Chapter XII Part III

Berry and a friend are fishing for tripletail at the #3 marker in San Carlos Bay. “Mouseie” has baited his hook with a pinfish; Berry's bait is a live shrimp.

Mouseie's pinfish had hardly hit the water before – Whonk! – something hit it hard.

“God a' mighty!” yelled Mouseie, as he arched his spinning rod high above his head and started cranking furiously. “What in the world is that? It ain't any grouper!”

“Must be a tripletail. Didn't I tell you they hit like a bat outa hell?”

By this time, I'd reeled in my line



The Atlantic tripletail (*Lobotes surinamensis*) has an unusual and distinctive appearance

photo courtesy of Will Drost/Texas Saltwater Fishing Magazine

and was bending over the side of the boat, net in hand, waiting for Mouseie to maneuver the fish close enough for me to sack it up. In a few moments, we were both admiring an angry tripletail that would hit the scales at seven pounds.

“Whew,” Mouseie sighed. “Why didn't you warn me about these fish, Berry?”

“Heck and Mariah! I told you they were whang doodles.”

We stood there grinning at each other, standard procedure for happy fishermen.

“Berry, put one of those pinfish on your line and let's get into production.”

I complied, and within an hour we'd racked up seven beauties. That night, I dressed out a tripletail and found they

are equally as good eating as catching.

The meat is fine-textured, firm and white, almost as tasty as flounder.

I later learned that tripletails will hit on yellow bucktails as well as live bait, but if you want action in a hurry, just put in a flicking shrimp or a small pin. They'll certainly knock on your door, and take doorknob and all if you're not set for a real scramble.

Since becoming acquainted with the species, I've heard tales about them that make my experiences with them pale by comparison. Charter boat captains have told me about catching ones that run up to 25 pounds. Almost anyone can get them in this area if they have patience

about fishing around buoys, docks, and pilings.

My next encounter with them came one afternoon after the sun had sunk beneath the darkening horizon.

To be continued next week...*

Learn About Herb Gardening

Debbie Hughes, Senior Horticulturist of Edison Ford Winter Estates, will be offering all her knowledge on herb growing in Southwest Florida at the next Edible Gardening Exchange meeting.

The Edible Gardening Exchange meeting will be held on Thursday, August 20 at 6:30 p.m. inside North Fort Myers Community Center, located at 2000 North Recreation Park Way in North Fort Myers. Arrive at 5:30 p.m. for an open and informal chat on edible topics. Consider bringing something to share with other gardeners. Bring your own cup for free coffee and tea.

Hughes is a Lee County Master Gardener, a Certified Horticulture Professional through the Florida Nursery Growers and Landscape Association, and Society of Horticultural Scientists. Her greatest enjoyment involves sharing her knowledge and love of gardening with anyone who will listen.

The membership fee for monthly meetings through September is \$10. In addition, a \$10 Lee Parks and Recreation lifetime membership of is required. For more information, call Karen Harty at 610-530-8883.*

As Baseball Season Reaches The Final Two Months, The Roles Of Twins And Red Sox Have Flip-Flopped



by Ed Frank

In baseball lingo, we have entered the “dog days of summer” as the six-month grind of the baseball season dwindles down to its final two months – August and September.

It’s appropriate, therefore, to examine and analyze our two “local” Major League teams, Boston and Minnesota, just as we did when they left here in early April at the end of spring training.

Clearly, the Red Sox have been one of the most disappointing, if not the most disappointing, team in baseball this year. A heavy favorite to reach post-season play at the beginning of the season, it now appears the team will finish the season in last

place in the American League Eastern Division for the third time in the last four years.

As the week began, Boston was 47-59, trailing the first-place New York Yankees by 13 games.

At the beginning of the season, the Red Sox were given a 63 percent chance to reach the playoffs. Those odds now have dropped to one percent, according to Major League Baseball.com.

Did the 2015 demise of the Red Sox prompt this week’s announcement of the retirement of Larry Lucchino, the team’s president and CEO? Apparently not, according to various sources inside the Red Sox hierarchy. But it will result in likely changes in the front office.

However, the jobs of General Manager Ben Cherington and Field Manager John Farrell appear safe.

After spending more than \$200 million in the off-season to sign nine new players, including All-Stars Hanley Ramirez and Pablo Sandoval, the 2015 season appeared bright. It dimmed to disappointment almost from the start.

Now we will turn to the Minnesota Twins, one of the biggest surprises in the current season.

In early April, the Twins, according to MCB.com, were given only a six percent chance to make the playoffs. Those odds have grown to 32 percent as of Monday of this week.

Despite losing Monday to the Toronto Blue Jays when newly acquired pitcher David Price limited the Twins to three hits in a 5-1 loss, Minnesota, 54-51 for the season, was tied with Toronto for the first wildcard slot in the American League. Remember, this was a team that had lost more than 90 games in each of the previous four seasons.

Just four months ago, the baseball experts predicted a last-place finish for Minnesota in the AL Central. They were holding to a second-place division standing, trailing Kansas City by eight games.

With the 2015 season two-thirds completed, it’s been a flip-flop for the Red Sox and Twins as had been expected. But that’s baseball.

Finally, we know there are huge numbers of Chicago Cubs fans in our area just as there are throughout the country.

Riding a five-game winning streak and 10 games over .500 for the first time in seven years, the Cubs were tied with the San Francisco Giants for the second wildcard in the National League. MLB.com rated the Cubs at 62.6 percent to reach post-season play.

Miracle Face First-Place Palm Beach Six of Next Nine Games

The Fort Myers Miracle Advanced Class A baseball team began the week in third place in the Florida State League South Division with a 21-17 second-half season record. They trailed first-place Palm Beach by four games.

The Miracle, however, has the opportunity to close the gap on Palm Beach during the next 10 days as they face the Cardinals six times in the next 10 games.

Fort Myers is on the road this week at Palm Beach and St. Lucie before returning home to Hammond Stadium next Thursday for a three-game series with the Cardinals. The Thursday and Friday games have 7:05 p.m. starts and Saturday’s game begins at 6:05 p.m.✱

Fishing Tournament To Benefit Hope Hospice

The 11th annual Fillet & Release fishing tournament will benefit Hope Hospice, a nonprofit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life’s journey.

More than 50 boats will participate in a one-day, light tackle, inshore fishing tournament featuring cash payout based

on the number of entries. Anglers will fish for redfish and snook.

Additional prizes will be awarded to the angler that catches the largest slot redfish and the mystery fish that weighs the most. The female angler who catches the largest redfish will also receive a cash prize.

The tournament will be held Saturday, September 12. Registration is from 6:30 to 7:30 a.m. Fishing hours are from 7 a.m. to 3 p.m. Dinner, awards and raffle prizes will follow at 4 p.m. at Matanzas Inn, 414 Crescent Street on Fort Myers Beach.

Cost is \$250 per team, maximum of four anglers per boat. To register, contact Amy Andrew, event chair, at 940-4473 or go to www.hopehcs.org/Fish.✱

FPL Installs New Grid To Enhance Electric System Serving Fort Myers

Florida Power & Light Company (FPL) has planned a number of system upgrades in the Fort Myers area, including the deployment of new smart grid technology as part of its ongoing work to provide customers with affordable, reliable electric service. In 2015, FPL will install 15 automated switches along its main “feeder” power lines and 444 automated switches along smaller “lateral” lines serving neighborhoods in Fort Myers as part of the company’s electric system upgrades in the area.

“FPL is investing to build a stronger and smarter grid our customers in Fort Myers can count on in good weather and bad. This includes a number of new projects in the area, starting with the installation of smart, automated switches that provide greater visibility across the electric system and allow us to restore power for our customers faster when there is an issue,” said Manny Miranda, FPL senior vice president of Power Delivery.

The automated devices detect and prevent potential problems along the electric grid, as well as restore and reroute power, when necessary, to reduce the number of customers affected by an outage.

2015 Work In Fort Myers

In addition to the installation of the automated switches, FPL will upgrade the power lines serving community thoroughfares along Winkler Avenue, and key facilities such as the Florida Dept. of Transportation’s Southwest Interagency Facility. The projects strengthen the electric system to better withstand major storms and allow for faster service restoration following power outages. The work includes installing stronger utility poles, including in some projects, concrete poles that are designed to withstand wind gusts of up to 145 mph.

Overall, FPL is upgrading two main power lines in Fort Myers in 2015. Other improvements in Fort Myers this year include: inspecting 2,270 utility poles for strength, clearing vegetation – a common cause of power outages – from 250 miles of power lines and inspecting five main lines with advanced infrared technology.

Strengthening The Grid

When the planned 2015 work is completed, FPL will have made the following

improvements in and near Fort Myers since the last major hurricane season in 2005:

- Reinforced 12 main power lines, including those serving critical local facilities such as the Lee County Port Authority Page Field Fire Department facility, two Tice Fire Protection & Rescue locations, Lee Memorial Hospital, Health Park Medical Center, Shell Point Retirement Community, Gulf Coast Hospital and the City of Fort Myers Emergency Operations Center.

- Inspected 24,220 utility poles, restoring or replacing those that no longer meet the company’s standards for strength.

- Cleared 1,960 miles of power lines of trees and vegetation, a major cause of power outages.

- Inspected 67 main power lines and equipment using the latest infrared technology, helping FPL address issues before they cause outages.

Since 2006, FPL has invested more than \$2 billion across its 35-county service area – in addition to its other ongoing system maintenance and improvement work – to make the electric grid stronger and smarter.✱



Florida Power & Light Company is committed to building a stronger and smarter grid to provide electricity customers can count on in good weather and bad. Last week, crew members installed new smart grid devices in Fort Myers, including automated switches designed to improve service for customers in Lee County.

Junior League Welcomes New Active Members

The Junior League of Fort Myers, Inc. recently welcomed 21 provisional members to active status.

These newest active members include Katie Armes, Ashley Beal, Karen Belcher, Consuelo Benassi, Stefanie Capps, Mandy Carter, Elizabeth Crispin, Chelsea Davis, Kate Davis, Blaze Douglas, Jillian Geletka, Meghan Gorman, Ashley Graham, Jenny Joerres, Tessa Kofler, Laura Richardson, Treshe Scerbo, Diane Snyder, Leia Sobieralski, April Voellmecke and Ashley Yance.

A member of the Association of Junior Leagues International, Inc., the Junior League of Fort Myers, Inc. is a 501(c)(3) nonprofit organization made up of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

Twice a year, the Junior League welcomes interested women to join its Provisional Class. Classes last 14 weeks during which time provisional members become familiar with JLFM's mission, vision and organizational structure by seeing the board, councils and committees in



Ashley Beal, Lateasha Green (with Child Care of Southwest Florida) Mandy Carter, Kate Davis, Carol Conway (with Child Care of Southwest Florida), Laura Richardson, Ashley Graham, April Voellmecke, Chelsea Davis, Treshe Scerbo, Diane Snyder, Jenny Joerres, Karen Belcher, Katie Armes, Leia Sobieralski and Ashley Yance. Not pictured are Consuelo Benassi, Stefanie Capps, Elizabeth Crispin, Blaze Douglas, Jillian Geletka, Meghan Gorman and Tessa Kofler.

action. They also become informed about Junior League's community projects and how it supports the Southwest Florida community by participating and developing a community service project, assist with fundraising activities, learn project planning and implementation, and gain hands-on volunteer experience.

At the end of the class, provisional

members become active JLFM members with all the benefits of full membership. JLFM memberships are open to all women aged 21 and older of all races, religions and national origin who demonstrate an interest in and commitment to voluntarism.

The JLFM is also a granting organization, providing mini-grants to organiza-

tions throughout Southwest Florida's five-county area to programs that create better life outcomes for our area's youth. Since 1966, the Junior League of Fort Myers has contributed more than one million hours and more than \$1 million to community projects and programs.

For more information, call 277-1197 or visit www.jlfm.org.✱



Pocket Change

SummerJazz On The Gulf Concert Series

The 30th annual SummerJazz on the Gulf concert series continues at The Naples Beach Hotel & Golf Club on Saturday, August 15 with a free concert by Pocket Change. The family-friendly concert series combines jazz music with scenic sunsets, views of the gulf, refreshing breezes and a relaxing

atmosphere.

The concert will be held from 6:30 to 9:30 p.m. on the resort's Watkins Lawn overlooking the Gulf of Mexico. Hotel guests will receive complimentary parking at the resort. For those not staying at the resort, parking is available just north of the hotel at Lowdermilk Park, with complimentary parking for those with a Naples beach sticker, and free trolley service to the resort and back. Guests can bring lawn chairs or blankets for seating, however, no outside food and beverage is allowed. Call 239-261-2222 for additional information and directions.



A previous SummerJazz on the Gulf at The Naples Beach Hotel & Golf Club

The talented six-piece, high-energy show band Pocket Change performs Motown, funk, R&B variety, soul, and dance/party music. Known for their beautiful vocals and harmonies, and for their showmanship, Pocket Change is led by Bandleader Eddie "The Thrill" Carmichael and Music Director Otis "Maestro" McCarthy. The band has opened for Sean Paul, Journey, Blue Oyster Cult, Paul Revere and The Raiders, Cheap Trick, and Joan Jett and The Blackhearts. They have performed at the Coconut Grove Arts Festival, Universal Studios Florida, Seminole Casino, Walt Disney World, and House of Blues (in Orlando and Myrtle Beach, South Carolina). This will mark their third appearance at SummerJazz on the Gulf. For band information, visit [\[phasetwo.webs.com/\]\(http://phasetwo.webs.com/\).](http://pocketchange-</p>
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"Pocket Change is a great band that will really energize the crowd and get people dancing," said Jason Parsons, general manager of The Naples Beach Hotel & Golf Club. "They performed at SummerJazz in 2011, and again last year, and we are so pleased they are back. It promises to be a very fun concert."

The summer concert series will conclude on Saturday, September 19 with entertainment by Late Night Brass.

The August concert is being sponsored by Woods, Weidenmiller, Michetti & Rudnick, and The Arlington of Naples. The September concert is being sponsored by D. Garrett Construction, BSSW Architects, and Naples Global Advisors.✱



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Library Programs

August Programs At Lakes Regional Library

Next month’s roster of activities at Lakes Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs
English Café
6 p.m. Mondays, August 3, 10, 17, 24 and 31
Free, informal conversation sessions for adult ESOL/ESL students.
Parent Drop-In: How The Library Can Help Your Child Succeed
4 to 5 p.m. Wednesday, August 12
Drop-in to learn how the library can help your child succeed this school year.
Book Discussion: *Being Mortal: Medicine and What Matters In The End* by Atul Gawande
2 p.m. Tuesday, August 18
In *Being Mortal*, bestselling author Atul Gawande tackles the hardest challenge of his profession how medicine cannot only improve life but also the process of its ending. Registration is required.

Storytime
Baby Rhyme Time
10 a.m. Mondays, August 17, 24 and 31
For ages up to 18 months. Please pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited. Reading to babies

right from birth stimulates their minds, develops language skills and lays a foundation for later reading success. During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance. It is a wonderful opportunity to meet other parents and babies in the neighborhood.

Toddler Tales
11 a.m. Mondays, August 17, 24 and 31
For ages 18 to 36 months. Please pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited. Toddlers love activity and the chance to practice their growing language skills. This interactive and active time for toddlers and their favorite caregiver is designed to advance pre-reading and social skills. They’ll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course, books.

Family Storytime
10 a.m. Wednesdays, August 19 and 26
For ages up to 5 years. Please pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited. Five simple practices get kids ready to read: talking, singing, reading, writing and playing. Your whole family is invited to this enjoyable, all-ages storytime that encourages the development of pre-reading skills through songs, rhymes, fingerplays and stories.

Preschool Storytime

11 a.m. Wednesdays, August 19 and 26
For ages 3 to 5 years. Please pick up a Storytime Ticket at the Youth Services desk the morning of the program. Space is limited. Children attend this program independently while the caregiver waits nearby. Children who start kindergarten with pre-reading skills have an advantage. They are ready to learn to read. Your preschooler will continue to build relationships with other kids, books, and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun!

Children’s Programs
Music Together
10:30 a.m. Thursday, August 6
Musical exploration for young children presented by Family Music Time. For ages up to 5. Sponsored by the Friends of the Lakes Regional Library. Registration is required.

Kids Read Down Fines
2 to 3 p.m. Saturday, August 8
Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

Peppa Pig Party
10:30 a.m. Monday, August 10
Celebrate everyone’s favorite pink pig with games, crafts and stories. Sponsored by the Friends of Lakes Regional Library. For ages 2 to 5. Registration is required.

Back To School Celebration

4 p.m. Wednesday, August 12
Get ready for school with fun activities and crafts. For kindergarteners to fifth graders. Registration is required.

Ants In Your Pants Dance Party
10:30 a.m. Thursday, August 13
Shake your sillies out at the library. Get ready to twist and shout at this special dance party for preschoolers. We’ll boogie down to pop hits and favorite preschool tunes. For ages 2 to 5. Sponsored by the Friends of Lakes Regional Library. Registration is required.

Special Needs Storytime
10 a.m. Saturday, August 15
Books, music, and sensory experiences for children age 3 to 12 with special needs and their families. Registration is required.

Science Fiction Mania
4 p.m. Monday, August 17
Out of this world games, activities, and crafts based on your favorite science fiction series, including *Star Wars* and *Doctor Who*. Sponsored by the Friends of Lakes Regional Library. For kindergarteners to fifth graders. Registration is required.

Teen Programs
Candy Sushi Party
4:30 p.m. Tuesday, August 4
Create delicious candy sushi. Sponsored by the Friends of the Lakes Regional Library. For sixth graders and up. Registration is required.

Kids Read Down Fines
2 to 3 p.m. Saturday, August 8
Children and teens earn a \$2 coupon

continued on page 19

Library Programs

August Programs At Fort Myers Regional Library

Next month’s roster of activities at Fort Myers Regional Library offers topics for all ages. The following activities are free to the public:

Adult Programs
Tracing Female Ancestors
9:30 a.m. Saturday, August 1
Before the 20th century, identities of women, both by law and custom, was interwoven with that of their husbands. Many genealogists refer to their female lines of research as their invisible ancestors. Registration is required.

Jazz Lunch
Noon Thursdays, August 6, 13, 20 and 27
Location: North Plaza
Some of Fort Myers’ most exciting jazz musicians perform weekly.

August Card Crafting
9:30 a.m. Tuesday, August 11
Location: Meeting Room CD
Greeting cards are useful for holidays and for everyday occasions, too. Participants will learn new techniques and take home several hand crafted cards. All materials supplied. Registration is required.

August Beadwork
9:30 a.m. Tuesday, August 18
Location: Meeting Room CD
Participants will learn new beading

techniques and make a new treasure to take home. All materials supplied. Registration is required.

Book Discussion: *The Caliph’s House: A Year in Casablanca* by Tahir Shah
Noon Wednesday, August 19
Location: Main Library Building, Conference Room C
Shah describes his and his family’s experiences after purchasing a run-down palace in the Moroccan city of Casablanca. As they work to renovate the house, they exorcise the jinns, mischievous invisible spirits haunting the structure and cope with the house’s human guardians. Registration is required.

How to Apply for a Habitat For Humanity Home
10 a.m. Thursday, August 20
Location: Meeting Room AB
Tanya Soholt of Habitat For Humanity explains the Habitat program and how to apply for a Habitat partnership.

Storytime
Family Storytime
10 a.m. Saturday, August 8
Five simple practices get kids ready to read: talking, singing, reading, writing and playing. Your whole family is invited to this enjoyable, all-ages storytime that encourages the development of pre-reading skills through songs, rhymes, fingerplays and stories.

Toddler Tales
9:30 and 10:30 a.m. Tuesdays, August 18 and 25
Toddlers love activity and the chance to practice their growing language skills. This interactive and active time

for toddlers and their favorite caregiver is designed to advance pre-reading and social skills. They’ll experience storytelling, wordplay, felt board stories, fingerplays, puppets, singing, music-making, socializing, dancing and, of course, books.

Preschool Storytime
10 a.m. Wednesdays, August 19 and 26
Children who start kindergarten with pre-reading skills have an advantage. They are ready to learn to read. Your preschooler will continue to build relationships with other kids, books and the library in a storytime designed specifically for them. The stories and activities are more complex, but just as fun!

Baby Rhyme Time
10:30 a.m. Thursdays, August 20 and 27
Reading to babies right from birth stimulates their minds, develops language skills and lays a foundation for later reading success. During this special storytime, you and your baby will learn new nursery rhymes and fingerplays, interact with puppets, sing, read books and dance! It is a wonderful opportunity to meet other parents and babies in the neighborhood. Registration is required.

Children’s Programs
Life-Size Candy Land
2 p.m. Wednesday, August 5
Location: Meeting Room Building
Candy Land comes to life and you are the game piece! Explore colors and counting as you find your way to King Kandy’s castle. Pre-registration is not required but entry into the game will not

be accepted after 2 p.m. First-come, first-served. Sponsored by the Friends of the Fort Myers Regional Library.

Bubble Wands
10 a.m. Friday, August 7
Location: North Plaza
We’re mixing up a big batch of bubble solution and creating easy wands out of chenille pipe cleaners, straws and beads. Registration is required.

Kids Read Down Fines
2 to 3 p.m. Saturday, August 8
5 to 6 p.m. Monday, August 10
Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

Back To School Olympics
2 p.m. Wednesday, August 19
Location: Meeting Room Building
Play games, test your skills and receive school supplies. Children in kindergarten through fifth grade welcome. Sponsored by the Friends of the Fort Myers Regional Library. Registration is required.

LEGO Club
5 p.m. Monday, August 31
Build and share LEGO creations. LEGOs provided. Registration is required.

Teen Programs
Teen Chess Club
5 p.m. Monday, August 3
Rise to the challenge. Sets provided, but players are welcome to bring their own. Check out our new 12X12-foot

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Fort Myers Regional Library

outdoor chess board!

Kids Read Down Fines

2 to 3 p.m. Saturday, August 8

5 to 6 p.m. Monday, August 10

Children and teens earn a \$2 coupon or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

Teen Beading Club

2 p.m. Wednesday, August 12

Create a new beading project to take home. Instructions and supplies are provided. Registration is required.

Doctor Who Day

2 to 4 p.m. Saturday, August 15

Do you love *Doctor Who*? Come make your sonic screwdriver, help us color in the Tardis and test your skills on *Doctor Who* facts. Get information on your favorite Doctor and check out our play stations at the Fort Myers Library. This is a drop in program; no registration is required.

Game Night For Teens

5 p.m. Monday, August 17

Rock Band, Super Mario, Basketball and many others choices for two hours of scheduled gaming. Each month we will switch games you vote on. Sponsored by the Friends of the Fort Myers Regional Library.

The Fort Myers Regional Library

is located at 2450 First Street in Fort Myers. Adult programs are held in the meeting room building located across the library campus at 1651 Lee Street. For more information about a program or to register, call the library at 533-4600. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.✱

From page 18

Lakes Regional Library

or credit for every 15 minutes they read in the designated area for a total of \$8 in one session. Credit may be applied to cards issued to patrons age 18 and under only and applies only to charges on overdue materials.

The Lakes Regional Library is located at 15290 Bass Road in Fort Myers. For more information about a program or to register, call the library at 533-4000. A sign language interpreter is available with five business days notice to library staff.

Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.✱



Robert S. McCarthy

Gulf Coast Writers Association Meeting

The Gulf Coast Writers Association will hold their next meeting on Saturday, August 15 from 10 a.m. to 1 p.m. at Zion Lutheran Church, 7401 Winkler Road in Fort Myers. The guest speaker will be Robert S. McCarthy.

Since 1979, McCarthy has been a professional writer, editor and producer in both freelance and corporate positions.

He has written video scripts, including collateral material, marketing and training. He creates web content and social media content for clients and helps clients develop effective marketing plans. His articles have been published in regional, national and international magazines. McCarthy also served as edition for a business-to-business publication. He published an E-book in February 2014 titled *Collaborative Blogging: A Team Approach To Social Media In 6 Easy Steps*.

McCarthy's topic will be Critique Group Guidelines, including guidelines in fiction, non-fiction and poetry; proofreading marks, from the *Chicago Manual of Style*; and a slide-show by Richard Georgian and Denise Holbrook, members of, and former executive committee officers of, the GCWA.

Members and first-time visitors are admitted free; guests may attend for \$5. Visit www.gulfwriters.org or call 247-4515 for more information.✱

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Networking At Davis Art Center

Resolving Conflicts; What Everyone Needs To Know is the topic at this month's Connect Networking event on Thursday, August 13 from 5:30 to 7:30 p.m. at the Sidney & Berne Davis Art Center.

Keith Grossman, attorney, family and circuit civil mediator certified by the Supreme Court of Florida, arbitrator qualified by the Florida Supreme Court, and trainer, facilitator, and conflict management coach, will be the guest speaker. He will discuss how conflict starts and offer some tips on how to effectively manage it.

Connect Networking events take place the second Thursday of every month and are hosted by Melissa Tschari DeHaven.

Conflict is a part of all of our lives. It is impossible to live and work with others without having conflict at least from time to time. We are all diverse in our background, beliefs and values. We are also diverse in our people skills and abilities to communicate, our world is becoming even more diverse each day. It is this diversity that is making conflict even more commonplace and the need for more effective resolution skills more in demand.

According to studies, unresolved conflict is responsible for up to 65 percent of workplace performance problems. Furthermore, 44 percent of managers report spending more than 20 percent of



Keith S. Grossman

their time handling workplace conflict.

Grossman helps individuals and businesses manage conflict and negotiate more comfortably and collaborate more effectively. His goal is to offer solutions to conflict and differences of opinion at an early stage so that his clients stay out of court, don't go broke and preserve relationships.

Grossman has worked with businesses as a lawyer, a trainer and a facilitator. His services center around communication and negotiation skills, conflict management skills and consensus building. He



Melissa Tschari DeHaven

photo by Chris Kovaz

has frequently lectured and facilitated training programs and has written articles on conflict management and consensus building topics. He also is the writer of the blog *ResolvingConflictsNow.com*. His e-workbook, *What Is A Peace Chest?* is now available on the Kindle.

Connect Networking is open to the community. It features networking opportunities to meet others in the community as well as learn about informative topics by guest speakers. In its third year, Connect networking has proven to be

an empowering, informative and positive group where people can get to know each other, expand business and personal relationships, and connect in their community.

Appetizers this month are sponsored by Capone's Coal Fired Pizza. Admission is \$10. Networking promotional table space is also available. For more information, contact Melissa DeHaven at Melissa.sbdac@gmail.com or visit www.sbdac.com.

The Sidney & Berne Davis Art Center is at 2301 First Street in the downtown Fort Myers River District.✱

Lake Kennedy Senior Center

Hand Foot And Elbow Card Game

Do you like to socialize and play cards? Join your friends and neighbors at the Lake Kennedy Center for a fun game of hand, foot and elbow on Thursdays at 9:30 a.m. and noon. Beginners and experienced players are welcome. All are welcome to bring snacks and beverages.

Admission is free for members and \$4 for non-members

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

AppleJuice

Adding Keyboards For Your iOS8 Device



by Carol Rooksby Weidlich, President, SWACKS

With the launch of Apple's iOS8 for iPads/iPhones, you can now find third-party keyboards to install. Visit the App Store and search for

iOS8 keyboards. You'll find a collection of free and paid keyboard apps (fonts, emoji, symbols, designs, colors, sounds and more). Before you download the first one you see, take a few minutes and browse through the selection. Open and read what the keyboard offers you – new fonts on your keys, pretty designs, etc. Then read the reviews from people who have downloaded and used these apps. You'll find good and not so good reviews. That's when you make your decision whether to download and try it out or now. You can also take to the Internet and Google the app and look for other reviews from Apple experts.

After deciding on a keyboard app, download it to your Apple device. Then go to Settings > General > Keyboard >

Keyboards > Add New Keyboard. You'll see the keyboard you just downloaded listed here under Third-Party Keyboards.

Watching TV's *Lost in Space* in the 1960s, you'd often hear "Danger, Will Robinson!" So, before you go any farther, you need to read and understand about Third-Party Keyboards and Your Privacy. Third-Party Keyboards are an alternative way to input the data that you type on your device, but, these keyboards can and may access all, that's right, all of the data you type including personal and sensitive information like credit card numbers and bank account information. If you enable Full Access after downloading these keyboards, you are giving your permission for developers to access location, photos and other personal data. The question is asked, why do they need Full Access?

The app may need to connect to the Internet to enable a cloud service feature within the app, or to talk to another app on your device. Apple's guidelines to Third-Party keyboard software developers imply the app should offer basic functions only without requiring Full Access. Reputable keyboard apps will avoid capturing data or have clear privacy policies, which you should read before downloading that app. If you don't want your keystrokes to be captured, do not turn on Allow Full Access when loading a keyboard app.

After making your decision to add a keyboard, your next steps are Add New Keyboard and tap on the Keyboard you have downloaded. You will now return to the Keyboard page and you'll see the

Keyboard added to your list. By tapping on the right arrow, you have the option to Allow Full Access by sliding the dot to green.

Remember, it's important to understand not only how apps work, but what settings you can employ to make your Apple device secure.

Workshops are held the second Tuesday of each month from 1 to 3 p.m., and meetings on the fourth Tuesday of each month from 7 to 9 p.m., with the exception of July and August at Zion Lutheran Church, 7401 Winkler Road in Fort Myers.

For more information on the South West Florida Apple Computer Knowledge Society (SWACKS), visit www.swacks.org.✱

Smith Earns High Honors

Victoria Smith of Fort Myers, a member of the Pomfret School class of 2017, has earned high honor roll distinction at Pomfret School for the 2015 spring term. A student earns high honors with a grade point average of at least 3.5 and no grade below a B-.✱

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School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My son is going from middle school to high school in August and I know this could be a difficult transition. What can I do to help him?

Jory S., Sanibel, Florida

Jory,

Transitioning to a new school can be an exciting but stressful time even when the change is positively anticipated, such as “graduating” to the next school level. Facing the unknown can cause anxiety. The high school environment tends to be larger, potentially less nurturing, more departmentalized, more competitive and more demanding academically. Additionally, students are expected to be more independent academically, and their social lives will become more complex and intense.

Understandably, parents can feel concerned about how their child will adjust to these changes. Luckily, there are many ways for parents to help smooth the transition and support their child's academic and social success in their new school:

It is important to understand the typical concerns related to moving to a high school setting:

- **Environment:** Finding lockers, finding lunchrooms and bathrooms, getting through crowded hallways, getting to class on time.
 - **Workload:** Keeping up with materials, new grading standards and procedures, more long term assignments, lack of preparation.
 - **Social:** More peer pressures (i.e., cliques, dealing with older students and students from other schools), social immaturity.
 - **Schedule:** Remembering which class to go to next, more teachers, no recess, no free time.
 - **Other:** Reduced parent involvement, accepting more responsibility for their own actions, unrealistic parental expectations, coping with adolescent physical development.
- Parents can help their child prepare for and become comfortable with their new school environment:
- **Emphasize positive aspects of middle/high school:** With the move will come more opportunities for individuality, freedom and increasing choice in elective courses and extracurricular activities. There will be more opportunities to find friends with common interests.
 - **Teach study skills:** Help students begin to self-regulate by breaking down large tasks into manageable pieces and provide guidelines so students can monitor their own progress.
 - **Schedule tours of the new school:** If the student did not have a tour of the new building, schedule one over the summer prior to the start of school. If your school offers an orientation session, make a point to attend.
 - **Encourage participation:** Whether in extracurricular activities, extra-help homework programs, or school social/sports activities, students should be encouraged to seek these out as an opportunity to meet new people.
 - **Continue or increase parental involvement:** If you have concerns, don't wait for the school to contact you. Look out for regular newsletters and other forms of communication home regarding events at the school.
 - **If your child has special needs,** difficulty with normal transitions, or is just learning English, you may want to meet with your child's current and new teachers to identify and develop skill building strategies that meet your child's specific needs. Preventive transition planning can go a long way to minimizing or eliminating adjustment problems when the school year begins.
- Adapted from *Transition from Elementary to Middle School: Strategies for Educators* by Valerie Niesen and Paula Sachs-Wise, in *Helping Children in Home and School II: Information for Parents and Educators*, NASP, 2004.
- Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

GCHS August Education Series

Gulf Coast Humane Society (GCHS) is proud to be a resource center for the community and continue their Humane Educational Series for August. Upcoming events during the month include:

• Thursday, August 6 at 6 p.m. – Old Dogs, Comforting Tricks

Do you have an older dog? Join Certified Canine Massage Therapist and Dog Trainer Kelly Legarreta to learn how to help make your senior dog's life more comfortable. We will talk about massage techniques, household tips, unique aids specifically for senior dogs, nutrition, holistic therapies, and even resources for grief support. Feel confident about helping your loving companion be comfortable in their golden years.

• Thursday, August 13 at 6 p.m. – Socializing Your Dog Or Puppy

Do you want to know the best ways to socialize your dog? Join Certified Dog Trainer Kelly Legarreta and learn the difference between socialization and exposure, the pros and cons of dog parks, techniques for fearful or shy dogs, canine body language and stress signals, as well as the kinds of things any puppy should experience before they are 4 months old.

• Sunday, August 16 at 2:30 p.m. – Kids And Dogs

Join Certified Dog Trainer and Behaviorist Mary Francis Morris to learn about appropriate interactions between your two- and four-legged children. Learn how to understand your dog's body language, and recognize signs of stress, how to supervise and manage interactions, and the most important things to teach your children, as well as your dog in order to have a safer and happier household. Children 5 and up are welcome to attend the seminar as well.

• Saturday, August 29 at noon – Grooming 101

Join certified groomer Erin Myers to learn some amazing grooming tips. Find out what tools to use, how to clip those nails safely, how to happily and positively desensitize your dog to the necessary grooming routine, and help your dog be a better “client” for any groomer, whether you do it yourself or you bring them to a salon.

All seminars are free to the public; however, the suggested donation is a Kong toy for the GCHS enrichment program. Seminars are lecture-based, with a Q&A session following each presentation. (No dogs attending).

Seminars are held in the Gulf Coast Humane Society Training Center, located at 2010 Arcadia Street in Fort Myers.

RSVP to volunteers@gulfoasthumanesociety.com as space is limited.

For more information about the events with the Gulf Coast Humane Society, call 332-0364 or visit www.gulfoasthumanesociety.org.*

Financial Focus

What Happens To My IRA After I'm Gone?



by Jennifer Basey

Contributing to an IRA can help you build some of the resources you will need to enjoy a comfortable retirement. But what happens to your IRA if you don't use it up in your lifetime?

You can still put the IRA's assets to good use – as long as you've made the right moves and communicated your wishes clearly to your family.

When you opened your IRA, you should have named a beneficiary – someone who will receive the IRA assets when you pass away. You could also name a contingent beneficiary if the first beneficiary dies before you. These beneficiary designations are important because they can supersede the instructions left in your will.

If you name your spouse as beneficiary of your IRA, he or she has options

unavailable to other beneficiaries. Here are two possibilities:

- **Roll over assets into a new or an existing IRA –** Your surviving spouse can roll over your IRA's assets into his or her IRA or use the money to create a new IRA. And, as long as your spouse is eligible, he or she can then add new contributions to the IRA. This could be a good choice if your spouse won't need the money right away and would like to keep it in a tax-advantaged account for as long as possible. Upon reaching age 70½, though, your spouse will likely need to start taking withdrawals (“required minimum distributions”), unless the inherited IRA was a Roth IRA.
- **Convert the assets to a Roth IRA –** If you are leaving a traditional IRA to your spouse, he or she could roll over the assets into a new or an existing IRA and then convert the assets into a Roth IRA. This move gives your spouse at least two potential advantages. First, if certain requirements are met, no taxes are due on the withdrawals. Second, as mentioned above, no withdrawals are even required – your spouse can leave the money intact for as long as desired. However, taxes will be due on the amount converted to a Roth, so this conversion may only make sense if your spouse has enough assets available in a nonretirement account to pay the tax bill.

Thus far, we've just talked about your spouse as the beneficiary. But what might happen if you've named someone else – perhaps a child or grandchild – as the primary beneficiary of your IRA? In this case, the beneficiary won't have the option of rolling over the IRA. Instead, he or she can either take the money as a lump sum or take distributions over time. If you pass away before age 70½, and you hadn't started taking the required minimum distributions, your beneficiary must start taking withdrawals by December 31 in the year following the year in which you pass away. These withdrawals can be stretched out over your beneficiary's lifetime, though, spreading out the tax obligations. As an alternative, your beneficiary can delay taking distributions, but he or she would need to withdraw all the money within five years of your death.

When dealing with any aspect of your estate plans, including naming beneficiaries for your IRA, you'll want to consult with your tax and legal professionals. You put a lot of time and effort into building the assets in your IRA – so you'll also want to take care in how you pass these assets along.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.*



Geoff and Robbie Roepstorff with Joanne Robertson and Tom Hayden

SalusCare Comedy Night Raises \$58,723

Laughter rocked the Sidney & Berne Davis Art Center on July 25 as eight local celebrities took

well-known audience members. "I am just happy and relieved that people laughed and had a great time. It was all about the cause – and the trophy," Molloy quipped as he clutched the crystal winner's trophy. More than 200 people jammed the art center for Laughter Is The Best Medicine and plunked down cash, checks and credit cards to vote for their favorite



Marni Sawicki, Michael Harris and Kathie Green



Robbie Roepstorff and Marshall Bower

to the stage before a sold-out crowd in hopes of being named Lee County's Best Comic. By the end of the night, local attorney Doug Molloy claimed the title after delivering a series of one-liners about politics and his role as former Chief Assistant U.S. Attorney, and tossing a few barbs at



Sam Galloway, Jr. and Tom Cronin

comic. A total of \$58,723 was raised for SalusCare, Inc., the region's largest provider of behavioral healthcare. "We're thrilled with the community's response to our inaugural 'Laughter Is The Best Medicine Comedy Night. It shows that folks will come out for a major event in the summer if it's fun and will benefit a good cause," said SalusCare



Gwendolyn Howard-Powell and Rick Powell



Larry Hart and Steve Russell



Doug Molloy and Mike Scott



Marianne and Glenn Whitehouse



Arthur Fleck, Joyce Miller, Ken Miller, Kathy Fleck and Kevin Lewis

Board Chair Marshall T. Bower, Esq. The funds will be used to pay for outpatient psychiatry for children whose families can least afford care, Bower said. One in 10 children has serious mental health problems severe enough to impair how they function at home, in school, or in the community, according to the National Center for Children & Poverty at Columbia University. Left untreated, mental illnesses can lead to more difficult to treat illnesses and to the development of co-occurring disorders. Bower gave special thanks to professional comedian Michael Palascak who performed the grand finale while the votes were being counted. He also commended Master of Ceremonies Robert Van Winkle, NBC-2 Senior Chief Meteorologist, for keeping the program moving, as well as the sponsors and celebrity comics: Celebrity comics for the night were:

- Michael Harris – News-Press Planning Editor
 - Larry Hart – Lee County Tax Collector
 - Gwendolyn Howard-Powell – owner of Gwendolyn's Café
 - Doug Molloy – former Chief Assistant U.S. Attorney
 - Steve Russell – State Attorney for the 20th Judicial Circuit
 - Marni Sawicki – Cape Coral Mayor
 - Mike Scott – Lee County Sheriff
 - Dr. Glenn Whitehouse – FGCU Associate Dean, Planning & Assessment
- Edison National Bank was the Showcase Sponsor, the highest level sold for the event. Other major sponsors included Sam Galloway Ford, Investors' Security Trust, Bill Smith Appliances, Marrikka and Bill Stockman, and The News-Press Media Group. Monologue sponsors were Susan Bennett Marketing & Media and Genoa

dearPharmacist

How Choline Can Affect Blood Pressure And POTS



by Suzy Cohen, RPh

Dear Readers: My article on POTS is one of the most well-trafficked articles on my entire website. POTS is the acronym for Postural Orthostatic Tachycardia

Syndrome, which can make you feel dizzy and lightheaded when you first stand up. It's really common and it's much more complex than I've described here. I have more news for you.

A study published in *The FASEB Journal* highlights why certain medications that block acetylcholine breakdown are often extremely helpful for POTS patients.

This new study closely examined choline which feeds your cell membranes and connective tissue. The scientists researched "fibroblasts" cells which they extracted from POTS patients who were deficient in choline. Interestingly, these patients were also deficient in betaine which is an amino acid and a methyl donor sold as a dietary supplement. Anyway, the scientists looked at choline

transport and cell membrane health as well as mitochondrial function in their tissue samples and compared them to healthy cells from patients without POTS.

Before I tell you the ending, let me first tell you what choline is. It's a nutrient found in foods like beef liver, eggs and milk and it can be made in the liver. It's critical to making membranes and "wrap-pers" for all your cells so it's important for connective tissue and blood vessels. Choline is helpful for making your nerve cells talk to each other properly. It is needed for acetylcholine production; acetylcholine is a neurotransmitter best known for supporting memory.

The study ties up the fact that choline deficiency is bad for a POTS patient. The researchers found that choline deficient cells all had disrupted cell membranes! That means they can't communicate well.

The protein carrier used to transport choline around the cells was two to three times lower in POTS fibroblasts and the ability to utilize choline was decreased by a whopping 60 percent! Choline deficiency hurts your mitochondria, too, and leads to poor oxygen consumption. Basically, your cells can't breathe, can't make energy and can't talk to each other. They also noticed poor blood sugar control and impaired electrical activity within the mitochondria. Taken together, this means a ton of cellular trouble.

It's the first study of its kind to show that people with POTS have a breakdown in cell membrane integrity. I've said this for many years, and I'll say it again: It's all about your cell membrane! The

research proved when choline was supplied to the POTS cells, healthy function returned. There are millions of people struggling with POTS.

The POTS research certainly suggests that choline is a major player. Choline-rich foods include egg yolks and beef liver. We live in an egg-yolk phobic society and not many people are much into beef liver either. Methylation difficulties which most people have also contributes to POTS. You can read more about methylation and POTS at my website where I will post the longer version of this

article.

In the meantime, ask your physician if choline is right for you. It's sold everywhere but remember, just because a study is positive doesn't mean it's right for you so have an intelligent discussion about this with your doctor.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✴

Seventh Grade Immunization Requirements

The Florida Department of Health in Lee County is asking all parents of students entering seventh grade to update their children's immunizations now before the rush. Public schools start in Lee County August 24.

"Taking care of these important immunizations now will ensure everyone gets to enjoy the first day of seventh grade as they should," said Kim Wester, immunizations manager for DOH-Lee. "We also recommend meningitis and HPV vaccines when they get their seventh grade Tdap booster to prevent devastating and unnecessary illnesses in the future."

All students entering seventh grade must have a Tdap booster before attending classes. Students not properly immunized

by the first day of classes will be sent home. See your private provider, or come to DOH-Lee for vaccines or to update a child's shot record.

All vaccines for children 18 years old and younger are free, and administered without appointments from 8 a.m. to 3:30 p.m. Monday through Thursday and 1 to 3:30 p.m. Friday at DOH-Lee, 3920 Michigan Avenue in Fort Myers. Parents must bring their child's immunization records.

Beginning August 10, the immunization clinic will open an hour earlier at 7 a.m. and remain open to 3:30 p.m. Monday through Friday. The extended hours will end at 3:30 p.m. Monday, August 24.

Avoid long lines, and make sure your child has everything needed to start school on time by getting required immunizations now. Limited appointments are available by calling 461-6100.✴

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband and I are getting to the stage where we must make some major changes in our housing.

My son and daughter-in-law have taken us to see a number of retirement complexes in our area. My husband wants to go, but I do not.

He is convinced that we will be robbed blind and does not want our privacy invaded if we have daily help coming in. I think we should stay in our own home, have help come in and let them take

whatever they want. All of our good stuff will have been removed and be gone anyway. What advice do you have?

Louisa

Dear Louisa,

Both of you raise good concerns about moving versus staying home. It shows that moving into a community or staying home is an important decision, a decision that should not be rushed and needs to be researched completely to make the most informed choice. Know the reasons why your husband wants to move and you want to stay. Explore how the needs can be met in a community versus home, at what cost and at what risks. Also, please do not be swayed into a decision by people who have an interest in your choice. You make the choice when and if you are ready.

Pryce

Dear Louisa,

I have observed that partially due to the economy, many people are choosing to stay in their own homes rather than move to a complex. In order to meet this need, care giving agencies have been formed who will visit the home and then leave. I am sure that if you inquire, you will find that they are bonded. Privately arranged care plans may have some thievery but there are many or most who are honest, decent people.

We are all exposed to dishonest people every day of our lives, but most people are honest.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✴

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Strayhorn Family Celebrates 100 Years Of Law Practice



Norwood R. Strayhorn, Guy M. Strayhorn, Guy R. Strayhorn, E. Bruce Strayhorn, circa 1973

The Strayhorn family is celebrating its 100th year in the practice of law in Fort Myers.

Guy M. Strayhorn and his brother-in-law, Leonidas Y. Redwine, opened the firm of Redwine & Strayhorn in 1915 in Fort Myers.

"It was my predecessors who instilled in me respect for the law and public service, and I am honored to be carrying on their legacy today, 100 years after they began practicing law in Fort Myers," said Bruce Strayhorn.

Guy M. Strayhorn was born on a cotton farm in London, Arkansas in 1889. With degrees from Hendrix College and Fort Smith Business College, he journeyed south in 1908 to help his brother, Felix, survey land in Citrus Center, a small, unincorporated community in Glades County. That year, he married Stella Redwine, who had traveled to Florida with her father, Judge Mathew M. Redwine, of Sandy Hook, Kentucky. Guy and Stella returned to Sandy Hook where he studied in the law office of Stella's brother, Leonidas Y. Redwine, who later relocated to Fort Myers and served as a Lee County judge in the early 1900s.

After Guy was admitted to the bar in Kentucky, the couple returned to Citrus Center where their son, Norwood, was born in North LaBelle. A second son, Orville Tennyson Strayhorn, would follow.

Guy M. Strayhorn served for many years as Lee County prosecuting attorney and state attorney for the Twelfth Judicial Circuit, as well as a member of the Florida Legislature and city attorney for the City of Fort Myers.

Norwood Redwine Strayhorn graduated from Fort Myers High School and the University of Florida Law School. He began practicing law in Fort Myers in 1934 and served in the Florida Legislature beginning in 1949. He also served for many years as the city attorney for the City of Fort Myers, as well as general counsel for the Lee County Sheriff's Department. He was president of the Lee County Bar Association in 1953 and was the governor's representative to the South Florida Flood Control District in 1962.

Presently, grandsons Guy R. Strayhorn and E. Bruce Strayhorn practice law in Fort Myers.✽

Book Review

Go Set A Watchman



by Di Saggau

To read or not to read *Go Set A Watchman* is a question facing some readers today. Yes, the book has set all kinds of records with pre-sales and books are still flying off the shelves for those with curious minds, yet a few people I have talked to are afraid the book will tarnish their image of Atticus Finch. They want to remember him as he was in *To Kill A Mockingbird*. While I respect their opinions, I do not understand not wanting to read the book. It's a part of literary history. *Watchman* is both a prequel and a sequel to Harper Lee's magnificent *Mockingbird* and, in my opinion, does not really tarnish anyone's reputation.

Mockingbird was set in the 1930s and *Watchman* in the 1950s. Atticus is now an older man in his 70s and Jean Louise "Scout" is 26. She returns home to the same fictional Alabama town, Maycomb, during a brief break from her life in New York City. It's a rude awakening when she learns her attorney father was a card carrying member of the KKK. Atticus explains that he joined only to learn which townsfolk belonged to the organization. He is still revered for defending a black man falsely accused of rape some 20 years earlier. At age 6, Scout didn't realize her father was a firm believer in traditional Southern society. The compassion he showed for Maycomb's black residents was rooted in paternalism. She becomes disillusioned with her father when she sees him attend a meeting



of the town's pro-segregation Citizen's Council and lashes out at him with verbal accusations that made me flinch.

The Civil Rights Movement is underway in Maycomb and the residents are not yet ready for all the proposed changes to their way of life. The book gives an accurate depiction of this time period. *Watchman* has some stunning passages and even some humorous situations. When one realizes that this was the first draft of *Mockingbird* and that Lee's editor pressed her to focus on Scout as a young girl watching Atticus defend a black man at trial, *Watchman* takes on an entire new meaning. It provides a glimpse into the writing of *Mockingbird*. To quote one reviewer, *Watchman* provides a deeper reading of the South's racial politics. It won't ever be loved as *Mockingbird* is, but this second-ever Harper Lee novel proves to be a pleasure, revelation, and genuine literary event." I thoroughly agree.✽

From page 22

Comedy Night



Ginny Lazzara, Michael Palascak and Sue Ackert



Kevin Lewis and Sen. Lizbeth Benacquisto

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DID YOU KNOW

TRIVIA TEST

1. GEOGRAPHY: Drake Passage is directly south of which continent?
2. U.S. CITIES: Independence Hall is located in which city?
3. LANGUAGE: What is a shaggy dog story?
4. LITERATURE: Who wrote the novel “Lady Chatterley’s Lover”?
5. MUSIC: Who composed “Clair de Lune”?
6. U.S. PRESIDENTS: When did Franklin Roosevelt contract polio?
7. PSYCHOLOGY: What fear is represented in the condition called “iophobia”?
8. TELEVISION: Who voices the character of Mr. Burns on “The Simpsons”?
9. HISTORY: When did the Warsaw Ghetto Uprising begin?
10. ENTERTAINMENT: Which entertainer’s nickname was “Satchmo,” short for “Satchel Mouth”?

ANSWERS

1. South America 2. Philadelphia 3. A long-winded and often pointless anecdote 4. D.H. Lawrence 5. Debussy 6. 1921 7. A fear of poison 8. Harry Shearer 9. 1943 10. Trumpeter and singer Louis Armstrong.

My Stars★★★★

FOR WEEK OF AUGUST 10, 2015

ARIES (March 21 to April 19) Avoid adding to the tension around you. Even a well-meant reaction against something you perceive as unfair could be misunderstood. Let things calm down, and then talk about it.

TAURUS (April 20 to May 20) It’s a good time for romance for unattached Bovines, and a good time for reinforcing the bonds between partners. Children’s needs are important during the latter part of the week.

GEMINI (May 21 to June 20) A compliment from a surprising source sends you wafting way up into the clouds, where -- sorry to say -- your view of what’s going on is obscured. Come on down and face some reality.

CANCER (June 21 to July 22) Even a family-loving person like you sometimes can feel you’re at the end of the line with contentious kinfolk. But things can work out. Remember that it’s better to talk than walk.

LEO (July 23 to August 22) A job-related move might hold more positive surprises than you’d expected. Go into it with confidence, and look for all the advantages it offers. Then decide what you’ll do with what you find.

VIRGO (August 23 to September 22) Driving yourself too hard to get something done on a deadline you set up can backfire. Ease into a more realistic finish date, and add more breaks to your work schedule.

LIBRA (September 23 to October 22) Your sense of humor can brighten any dark period, and your laughter can dispel those gray clouds swirling around you. The weekend presents a surprising but welcome change.

SCORPIO (October 23 to November 21) Be careful about the words you use, especially in touchy situations. The old Chinese saying that the spoken word is silver, but the unspoken gold could well apply here.

SAGITTARIUS (November 22 to December 21) Some facts could emerge to shed light on unresolved past problems. What you learn also might help explain why a once-warm relationship suddenly cooled down.

CAPRICORN (December 22 to January 19) Don’t let your pride get in the way of checking into what could be a great new opportunity. Get the facts first, and worry about procedure and protocol later.

AQUARIUS (January 20 to February 18) A health problem in the family might have other relatives assuming that, as before, you’ll take over the health-care duties. Surprise them and insist they share in the caretaking.

PISCES (February 19 to March 20) A series of changes can be unsettling, but in the long run, it can pay off with new perspectives on what you plan to do. Keep your mind open to the possibilities that might well lie ahead.

BORN THIS WEEK: You might be under a “royal” sign, but you have a wonderful way of embracing everyone as an equal.

THIS WEEK IN HISTORY

● On Aug. 10, 1776, news reaches London that the Americans have drafted the Declaration of Independence. Parliament was unwilling to negotiate with the American rebels and hired Hessians, German mercenaries, to help the British army crush the rebellion.

● On Aug. 13, 1903, engineer Felix Wankel, inventor of a rotary engine, is born in Lahr, Germany. Wankel reportedly came up with the basic idea for a new type of internal combustion gasoline engine when he was only 17 years old.

● On Aug. 15, 1914, the American-built Panama Canal, connecting the Atlantic and Pacific oceans, is inaugurated with the passage of the U.S. vessel Ancon, a cargo and passenger ship. Engineers moved nearly 240 million cubic yards of earth in constructing the 40-mile-long canal.

● On Aug. 11, 1934, the first group of federal prisoners classified as “most dangerous” arrives at Alcatraz Island, a 22-acre rocky outcrop in San Francisco Bay. The convicts joined military prisoners left over from the island’s days as a U.S. military prison.

● On Aug. 12, 1973, golfer Jack Nicklaus wins the PGA Championship for his 14th major title, surpassing Bobby Jones’ 43-year-old record.

● On Aug. 16, 1984, John DeLorean, founder of the DeLorean Motor Company,

is found not guilty due to entrapment after being charged with smuggling drugs in an effort to raise money for his struggling automobile company.

● On Aug. 14, 1994, Illich Ramirez Sanchez, the terrorist known as Carlos the Jackal, is captured in Sudan by French intelligence agents. In 1975, Sanchez and his men took 70 OPEC officials hostage at a Vienna conference, escaping with up to \$50 million in ransom after killing three hostages.

STRANGE BUT TRUE

● The average resident of North America consumes about 600 sodas every year.

● Another good reason to recycle: The energy saved by recycling one glass jar is enough to watch TV for three hours.

● There are many laws that have been passed during our nation’s history that make you think that some of our legislators have a bit too much time on their hands. For example, in Alaska it is illegal to look at a moose from an airplane; an Illinois law states that a car must be driven with the steering wheel; in West Virginia, you can be imprisoned for cooking sauerkraut or cabbage, due to the offensive odor; and a California law of 1925 made it illegal to wiggle while dancing.

● The same man who discovered the planet Uranus also invented contact lenses.

● A giraffe can use its tongue to clean its ears -- not too difficult a task, I suppose, if your tongue is 21 inches long.

● Everyone has seen bonsai -- those tiny trees that are pruned into aesthetically pleasing shapes. Many people don’t realize, though, that even trees that grow to be giants of the plant world, such as redwoods and giant sequoias, can be used to create these miniatures.

● The United States once issued a bill of currency that was worth 5 cents.

● The name of the popular Japanese dish teriyaki literally means “shiny and broiled.”

● There is only one bird that can swim but not fly: the penguin, of course.

THOUGHT FOR THE DAY

“A man has made great progress in cunning when he does not seem too clever to others.” -- La Bruyere

SPORTS QUIZ

1. Who holds the record for most multiple-hit games in a major-league season?
2. Between 1980 and 1989, four men managed the New York Mets. Name three of them.
3. When was the last time before 2015 that the Big Ten had a player taken in the first 10 picks of the NFL Draft?
4. Who was the last player before Andray Blatche in 2014 to have a double-double off the bench for the Nets in an NBA playoff game?
5. When was the last time before 2014 that three of the NHL’s Original Six franchises made the conference finals in the Stanley Cup playoffs?
6. Which auto manufacturer has won the most Daytona 500s?
7. In 2015, Sloane Stephens became the second women’s tennis player to have a Grand Slam victory against both Serena and Venus Williams. Who was the first?

ANSWERS

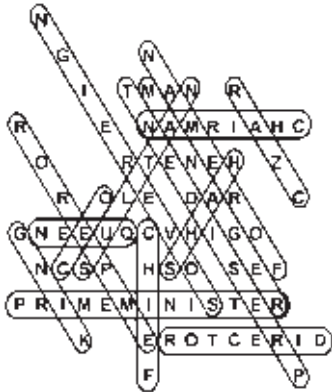
1. Al Simmons had 85 for the Philadelphia A’s in 1925. 2. Joe Torre, George Bamberger, Frank Howard and Davey Johnson. 3. It was 2008 (Michigan’s Jake Long and Ohio State’s Vernon Gholston). 4. Arnen Gilliam, in 1994. 5. It was 1979 (Boston, Montreal and New York Kang-ers). 6. Chevrolet, with 23. 7. Lindsay Davenport, who completed the feat in 2000.

PUZZLE ANSWERS

OFFHAMP OLDPRO GHOSIS
CHUELER STHEEP HUNOUI
HANDY REFERENCE INSUHE
ONME ELO SARONG TIM
OFA ICEJP PAPAJOHNS
VANITYM RROR STUN
PUENTIG DION RASTA
SKYE COS GREEDYPAWS
CHTAPLY DARE PILIS
CHAFE USROUTE APPEASE
HEDIU THESMURFS DAHIS
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IRON MAP KITE
MISC CLARINET
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CABINET ESSAY
NEW HAM
PASHA CORONET
INTERNET KITH
TOUR ODE ESAU
ANNE GEL DISS

THE BOSS





Florida Fruit Salad with Lime and Honey



Florida Fruit Salad with Lime and Honey
2 mangoes, peeled and diced large
1/4 seedless watermelon (depending on size), peeled and diced large
1 pint blueberries, rinsed
1/4 cup fresh mint, hand torn
2 limes, juiced
2 tablespoons honey
1 small pinch sea salt
Fresh citrus for garnish, sliced

In a medium-sized mixing bowl, add lime juice, honey and salt. Stir the lime juice mixture to get the flavors working. Add all of the rest of the ingredients, and gently stir ingredients to combine. Keep fruit salad refrigerated until use. This dish can be made a day ahead. Garnish fruit salad with fresh sliced citrus.✧✧

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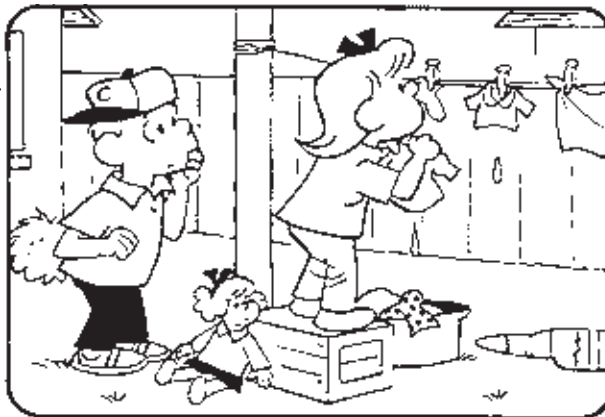
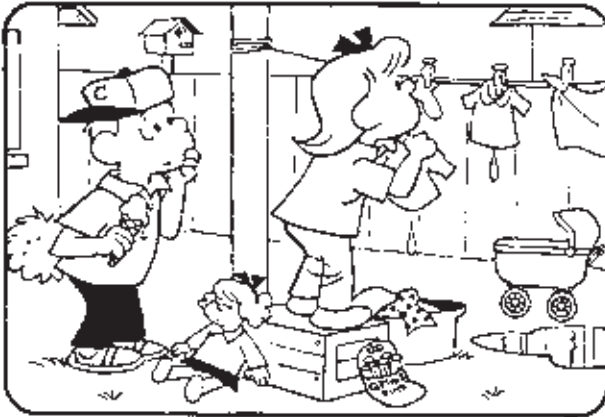
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Shoot
TROUPS

Obvious
TROVE

Provide
STEVIN

Domain
LAMER

TODAY'S WORD

answer on page 27

PUZZLE ANSWERS**SUDOKU**

7	1	8	6	2	5	9	3	4
5	6	4	3	9	7	1	8	2
3	9	2	1	8	4	5	7	6
6	3	7	4	5	1	8	2	9
8	4	9	2	3	6	7	1	5
2	5	1	9	7	8	6	4	3
1	7	3	5	6	2	4	9	8
4	2	6	8	1	9	3	5	7
9	8	5	7	4	3	2	6	1

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Shore Fishing: Don't Harm The Fish

by Capt. Matt Mitchell



Landings a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

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Development	City	Square Footage	Listing Price	Selling Price	Year Built	Days On Market
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Lakewood	Fort Myers	3,201	\$890,000	\$835,000	2006	166
Cape Coral	Cape Coral	3,534	\$750,000	\$750,000	2007	56
Nature's Cove	Estero	2,634	\$699,900	\$700,000	2006	67
Nature's Cove	Estero	2,481	\$719,900	\$684,000	2007	0
Cape Coral	Cape Coral	2,700	\$649,000	\$650,000	2015	113
Pine Island Shores Unit 4	St. James City	1,344	\$635,000	\$635,000	1975	105
Cottages at Pelican Landing	Bonita Springs	2,283	\$679,000	\$634,000	1996	39
The Dunes at Sanibel Island	Sanibel	1,912	\$599,900	\$618,000	1976	60
Longleaf	Bonita Springs	2,529	\$610,000	\$585,000	2004	0

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*NS 7/11 NC TFN

VOLUNTEERS NEEDED IMMEDIATELY

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*NS 2/20 NC TFN

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*NS 8/7 CC 8/14

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(CFA and TICA.) Vet checked, all shots,
parasite free. Big, sweet lovable. Long time
registered breeder on Sanibel. \$950.
Amy (c) 239-699-8741.
*NS 4/3 CC TFN



GARAGE • MOVING • YARD SALES

DOWNSIZING MOVING SALE

Saturday, August 8, 8 a.m. to 4 p.m.
499 Leather Fern Place, Sanibel
Books, Arts & Crafts Material,
Household Goods
and some Equipment.
*NS 8/7 CC 8/7

MOVING SALE

Saturdays, August 1 and August 8
8:30 a.m. to 2 p.m.
1409 Albatross Road
Sanibel Island
(Off Dixie Beach Road)
16 ft ocean worthy kayak,
4 poster bed w/steps,
couch, tools, furniture
& many other household items.
*NS 7/31 CC 8/7

Shore Fishing:



Don't Harm The Fish by Capt. Matt Mitchell

Landings a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.

- The less you can touch a fish before release the better for the fish.

- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

To those who are hungry, \$20 is a fortune.

*But \$20 can feed a family of four
for a week, thanks to the...*



Harry Chapin Food Bank!

The Food Bank can acquire \$6 of nutritious food
for every \$1 you donate, turning your \$20 into
a week's worth of meals for a family of four...

Thank you for your generosity!



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connect to
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Call (239) 334-7007
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www.harrychapinfoodbank.org



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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO THE BAYS DISTRICT
SERVING THE COMMUNITY

		8		2				4
5			3	9		1		
	9				4		7	
	3		4			8		
		9			6			5
2		1		7			4	
	7			6				8
4	2		8			3		
		5			3		6	1

SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

I'm Dallas, a young girl with a loving personality who hopes very soon someone will want to give me a life-long home. I'm very playful and would be a great companion for someone who likes to jog or go for walks. However, I'm a lap dog too and love to be cuddled. My adoption fee is \$37.50 (regularly \$75) during Animal Services' Endless Summer adoption promotion.

There are still lots of kittens at the shelter but if you are looking for a special kitty, you'll want to adopt me. They call me Bali and I'm inquisitive, playful and cuddly. Please consider adopting my sister Cyclone too since we are two-for-one adoption fee. We both have gold eyes which are very striking against our sleek black coats. The adoption fee is \$25 (regularly \$50) during Animal Services' adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Dallas ID# 597215

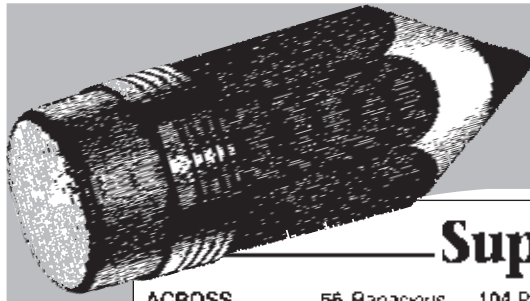


Bali ID# 622241



Emergency.....	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards.....	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists.....	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands.....	218-5768
Iona-McGregor	482-0869
Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates	334-3614
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home.....	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

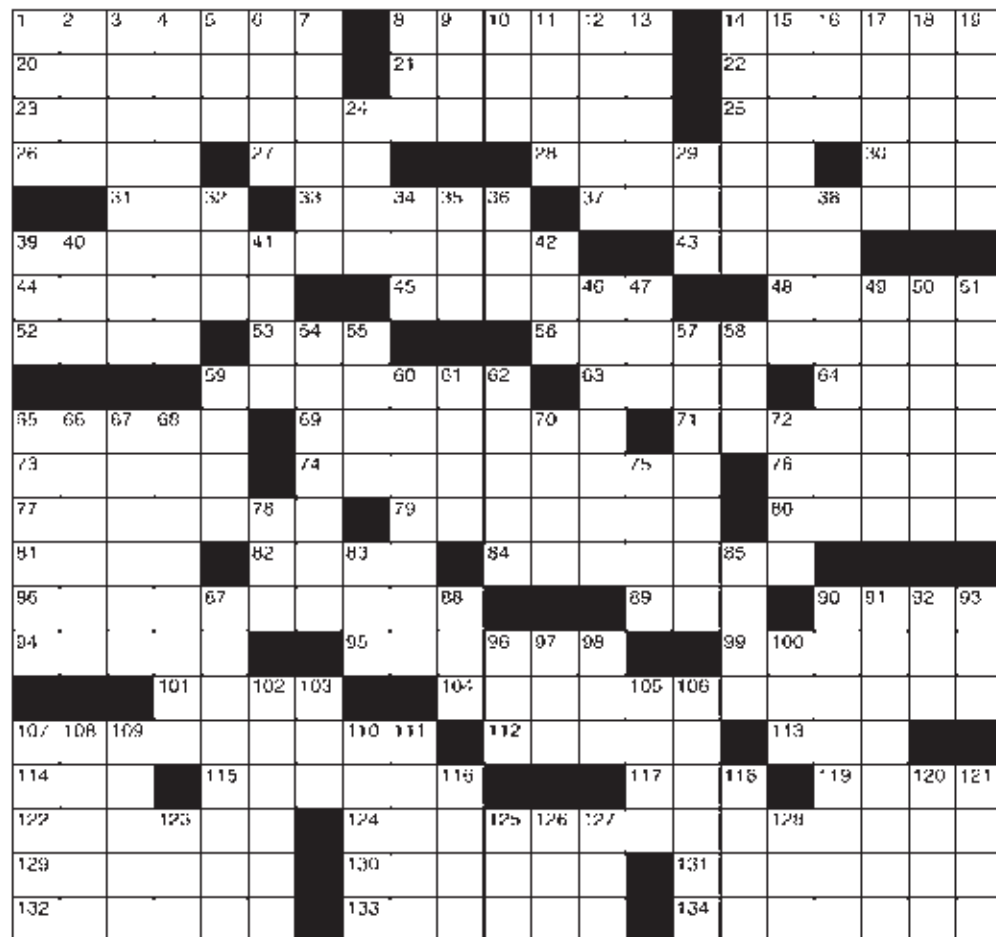


BEACH CHAIR PASTIME

answers on page 25

Super Crossword "AM I BLUE?"

- ACROSS**
- 1 Freeway exit structure
 8 Seasoned veteran
 14 Spits
 20 More vicious
 21 Meryl of him
 22 Lapse, as a subscription
 23 Thesaurus on one's desk, say
 25 Underwrite
 26 "Lean —" (1989 hit)
 27 Jeff Lynne's band, briefly
 28 Skin relative
 30 Filmmaker Barbra
 31 "Birds — leather..."
 33 Acquire a winter coat?
 37 Pizza Hut alternative
 39 Item on many a dressing table
 43 Daze
 44 Trio of mambo
 45 Hope Bible name
 48 Jamaican sectarian
 52 Actress Ione
 53 They spin in PCs
- 56 Rapacious milks
 59 For little cost
 63 Have the gumption
 64 Greek consonants
 65 Irritate
 69 American Hwy. number
 71 Pacify
 73 Worked over
 74 Eight of their names are featured in this puzzle
 76 Pub pastime
 77 Wage makers
 79 Abstract sculpture with no moving parts
 80 "Amor" means, I love
 81 Ovid's 107
 82 Ovid's "Lo!"
 84 Madames of Madrid
 86 Pretty large portion
 89 Letters on a PC key
 90 Be beside
 94 Laundry of perfumery
 95 Volcano WSW of Tokyo
 99 Put in a box
 101 Not punctual
- 104 Pasta-can man
 107 Revolver in a pantry
 112 Made into an alloy
 113 Yukulama drama
 114 "Cantonal" writer Levin
 115 Counterpart to digital
 117 Rx writers
 119 Rocker org.
 122 Kind of tuna
 124 Encanto kids' book, with "The"
 129 One skilled with a code
 130 Actress Byrnes
 131 5,280 feet
 132 "I do" locales
 133 Hold high
 134 Old West sheriff's badge
- 6 Nothing more than
 7 Journey starter
 8 Sugar suffix
 9 Bit of mail Abbr.
 10 "Dr" who raps
 11 Composes
 12 Summary
 13 "Orfeo," e.g.
 14 Give a smile
 15 Cause for a mistrust
 16 Clip- — (some lies)
 17 WSW part
 18 City of Italy
 19 Blossom supporters
 24 Converging points
 29 Covert
 32 J.C. holder
 34 Work unit
 35 Spoon-bending Geller
 36 Like two peas in a —
 38 How some court cases are won
 39 42 execs
 40 Razor-bladed bird
 41 "So gross"
 42 Rule: Abbr.
 46 Have me as delivered
- 47 Teacher's gu.
 49 Large desert
 50 Coils
 51 Weigh
 54 "Speechless —?"
 55 Merit badge holder
 57 They clear the boards
 58 Opp. of withdrawal
 59 Surrender
 60 Gift
 61 All at sea
 62 Native Arizonians
 65 Nativity scene
 66 Throws with force
 67 Not moored
 68 So as to be countable
 70 Pipette, e.g.
 72 Hi-tech apt. books
 75 Arctic mass
 78 — room (play area)
 83 Summa — laude
 85 —decy
 87 Always agreeing sort
 88 "Original or or spy" chain
 90 "MoMA" and "OPEC," e.g.
 91 Vice
- 92 Profit from
 93 Driving peg
 96 300-3 000 MHz range
 97 — d'esprit (witty bit)
 98 Stipulations
 100 Bread eaten with vindaloo
 102 Some piano fixers
 103 That in Peru
 105 "— guest"
 106 Nonstandard stock buy
 107 Fall zodiac sign
 108 Sprite in "The Tempest"
 109 Big name in restaurant guides
 110 Pond slime
 111 Averages
 115 Faun, in part
 118 Flush (bathroom brand)
 120 1973 Ion Morrison novel
 121 Ripening agent
 123 Eccl. monitor
 125 "A." in Arles
 126 B-F Lux
 127 Easter fare
 128 Vixen's lair



King Crossword

- ACROSS**
- 1 Highway divider
 5 Lamb's mama
 8 Take to the pool
 12 Press
 13 Atlas page
 14 Windy clay toy
 15 Uncategorized (Abbr.)
 16 Pate
 18 Fountain's instrument
 18 Rifle attachment
 20 Minuscule bits
 21 Regret
 22 Big Apple letters
 23 Bidding material
 26 Shocking style
 30 Exist
 31 Cliff no machine
 32 Hockey legend
 33 Presidential advisors
 36 English composition
 38 Fresh
 39 See 37
 40 Ottoman officer
 43 Tara's relative
 47 Surling mecca?
- 49 — and kin
 50 Take the show on the road
 51 Phrase in verse
 52 Birthright barrier
 53 Heine or Hathaway
 54 Solidify
 55 Univ. paper
- govt. agency
 8 Bandleader Henderson
 9 Orchard
 10 Particular
 11 City Field team
 17 Beams
 19 Sister
 22 Put the kibosh on
 23 Varnish ingredient
 24 401(k) alternative
 25 Kan, neighbor
 26 Obese
 27 Ph. bk. data
 28 Geological period
 29 Attempt
 31 Not many
 34 Belong
- 35 Approach
 36 Listener
 37 With 39, Across, holiday entree
 39 "Moropoly" buy
 40 Pocket bread
 41 Any time now
 42 Dazzle
 43 Refractive sh
 44 Unless in law
 45 Greek vowels
 46 So
 48 Yale quail
- DOWN**
- 1 Big branch
 2 Operatic solo
 3 Inquisitive
 4 "Keep singing!"
 5 Host
 6 Post
 7 Eco-friendly

MAGIC MAZE • THE BOSS

Z N H D A X U R P M J G D A X
 V S G Q N K N I A T P A C I F
 D A X I V T M A N T R O O M J
 R H F C E A N A M R I A H C Y
 W O U R P R T E N E H N Z L J
 H F R D O L E B D A R Z X C V
 G N E E U Q C V H I G O T R Q
 O N C S P M H S O K S E F I I
 (P R I M E M I N I S T E R) F D
 B Z Y K W V E R O T C E R I D
 T R Q O N L F K I H F D C P A

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

CEO	Director	Manager	Shah
Chairman	Emperor	President	Sovereign
Chief	Foreman	Prime minister	Sultan
Czar	King	Queen	



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